

Episode 714

THE
**SKEPTIC
ZONE**
PODCAST

12 June 2022

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The Skeptic Zone Podcast
Episode 714 - 12 June 2022



Richard Saunders

The Skeptic Zone Podcast
Episode 714 - 12 June 2022



Susan Gerbic

The Skeptic Zone Podcast
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Trove.nla.gov.au
Adrienne Hill

Susan Gerbic
visits a
Haunted Museum

Tiktok
Homeopathy

TROVE
Reflexology
with
Adrienne Hill



1
00:00:09,190 --> 00:00:06,550

[Music]

2
00:00:13,930 --> 00:00:09,200

welcome to the skeptic zone the podcast

3
00:00:17,140 --> 00:00:13,940

from australia for science and reason

4
00:00:17,150 --> 00:00:23,990

[Music]

5
00:00:29,029 --> 00:00:26,150

yes it's the skeptic's own podcast

6
00:00:32,069 --> 00:00:29,039

episode number 714

7
00:00:34,389 --> 00:00:32,079

for the 12th of june 2022

8
00:00:35,750 --> 00:00:34,399

richard saunders coming to you from

9
00:00:41,430 --> 00:00:35,760

chilly

10
00:00:42,549 --> 00:00:41,440

sydney australia it's the type of

11
00:00:45,029 --> 00:00:42,559

weather

12
00:00:46,869 --> 00:00:45,039

which makes you wish you had

13
00:00:49,110 --> 00:00:46,879

an electric blanket

14

00:00:51,350 --> 00:00:49,120

oh those electric blankets are nice it's

15

00:00:53,830 --> 00:00:51,360

a bit colder than average i think

16

00:00:56,069 --> 00:00:53,840

maybe an electric coat with electric

17

00:00:57,910 --> 00:00:56,079

shoes to keep your feet warm

18

00:01:00,790 --> 00:00:57,920

all those people with electric blankets

19

00:01:02,869 --> 00:01:00,800

i envy you coming up on this week's show

20

00:01:05,429 --> 00:01:02,879

susan gerbic from guerrilla skepticism

21

00:01:08,310 --> 00:01:05,439

on wikipedia heads to las vegas where

22

00:01:10,710 --> 00:01:08,320

she met up with skeptical investigators

23

00:01:13,510 --> 00:01:10,720

kenny biddle and ben radford and

24

00:01:15,109 --> 00:01:13,520

listener coral pollock as they

25

00:01:17,429 --> 00:01:15,119

explored

26

00:01:19,350 --> 00:01:17,439

the zac baggins

27

00:01:21,590 --> 00:01:19,360

haunted museum

28

00:01:23,830 --> 00:01:21,600

maybe it's full of the ghosts of

29

00:01:26,950 --> 00:01:23,840

dead gamblers i don't know what do

30

00:01:29,350 --> 00:01:26,960

skeptical investigators think about a

31

00:01:31,510 --> 00:01:29,360

so-called haunted museum or a museum of

32

00:01:32,870 --> 00:01:31,520

haunting and i wonder if you've ever

33

00:01:35,830 --> 00:01:32,880

thought to yourself what would it be

34

00:01:38,550 --> 00:01:35,840

like to go to a mystery spot or a

35

00:01:41,749 --> 00:01:38,560

so-called haunted location or a psychic

36

00:01:44,550 --> 00:01:41,759

fair with a bunch of skeptics

37

00:01:47,030 --> 00:01:44,560

find out with our special guest reporter

38

00:01:48,789 --> 00:01:47,040

susan goebeck at the top of the show

39

00:01:50,870 --> 00:01:48,799

following that it's our continuing

40

00:01:54,710 --> 00:01:50,880

series looking at tick tock

41

00:01:56,950 --> 00:01:54,720

tick tock we've had tick-tock divining

42

00:01:59,510 --> 00:01:56,960

tick-tock psychics

43

00:02:02,149 --> 00:01:59,520

what else tick-tock something or other

44

00:02:04,230 --> 00:02:02,159

this week we have tick-tock

45

00:02:06,709 --> 00:02:04,240

homeopathy

46

00:02:08,469 --> 00:02:06,719

homeopathic tick-tock is that just a

47

00:02:10,790 --> 00:02:08,479

tick i don't know

48

00:02:13,990 --> 00:02:10,800

what are people on tik tok

49

00:02:15,670 --> 00:02:14,000

having to say about that classic of all

50

00:02:17,510 --> 00:02:15,680

classic quackery's

51
00:02:19,670 --> 00:02:17,520
homeopathy

52
00:02:22,790 --> 00:02:19,680
then to round off the show it's adrian

53
00:02:23,830 --> 00:02:22,800
hill from canada with this week's trove

54
00:02:25,790 --> 00:02:23,840
segment

55
00:02:27,910 --> 00:02:25,800
and she's going to be looking at

56
00:02:29,750 --> 00:02:27,920
reflexology or

57
00:02:32,869 --> 00:02:29,760
what we might call glorified foot

58
00:02:34,949 --> 00:02:32,879
massage hmm glorified foot massage i

59
00:02:36,630 --> 00:02:34,959
think i need one i've been working some

60
00:02:38,630 --> 00:02:36,640
nights down in the city lately at the

61
00:02:39,990 --> 00:02:38,640
vivid festival doing a bit of

62
00:02:42,390 --> 00:02:40,000
research

63
00:02:44,710 --> 00:02:42,400

and it's long nights walking around in

64

00:02:46,869 --> 00:02:44,720

the cold

65

00:02:48,630 --> 00:02:46,879

heated shoes to go with the electric

66

00:02:49,990 --> 00:02:48,640

blanket that's what i need

67

00:02:51,430 --> 00:02:50,000

but now it's time for me to run

68

00:02:53,190 --> 00:02:51,440

downstairs

69

00:02:54,869 --> 00:02:53,200

and have a

70

00:02:57,030 --> 00:02:54,879

classic

71

00:02:58,630 --> 00:02:57,040

vegemite toast

72

00:03:00,790 --> 00:02:58,640

maybe a bit of cheese

73

00:03:10,500 --> 00:03:00,800

while i do that i hope you enjoy the

74

00:03:10,510 --> 00:03:17,860

[Applause]

75

00:03:28,980 --> 00:03:26,550

[Music]

76

00:03:34,470 --> 00:03:28,990

i think we need to think

77

00:03:35,830 --> 00:03:34,480

[Music]

78

00:03:43,990 --> 00:03:35,840

here's susan gerbic

79

00:03:46,229 --> 00:03:44,000

[Music]

80

00:03:48,869 --> 00:03:46,239

hey skeptic zone listeners this is susan

81

00:03:51,350 --> 00:03:48,879

kerbeck live from you from las vegas

82

00:03:52,789 --> 00:03:51,360

nevada in the united states

83

00:03:54,630 --> 00:03:52,799

i'm standing

84

00:03:56,309 --> 00:03:54,640

at 600

85

00:03:58,470 --> 00:03:56,319

i don't know what street name but if the

86

00:04:00,710 --> 00:03:58,480

number is 600 it's

87

00:04:03,589 --> 00:04:00,720

six maybe or charleston yeah we're at

88

00:04:05,589 --> 00:04:03,599

zac baggins haunted museum

89

00:04:07,750 --> 00:04:05,599

and i've been here before with my good

90

00:04:10,470 --> 00:04:07,760

friend kenny biddle and mark edward and

91

00:04:12,309 --> 00:04:10,480

donna biddle but today we are here just

92

00:04:14,149 --> 00:04:12,319

with kenny biddle

93

00:04:15,270 --> 00:04:14,159

and a group of us are coming out here

94

00:04:16,550 --> 00:04:15,280

and uh

95

00:04:19,670 --> 00:04:16,560

this should be really interesting so if

96

00:04:22,390 --> 00:04:19,680

you hear cars going by that's why so uh

97

00:04:24,390 --> 00:04:22,400

hey kenny hey what's going on

98

00:04:25,749 --> 00:04:24,400

he's incognito at the moment incognito

99

00:04:27,270 --> 00:04:25,759

he's wearing a

100

00:04:29,430 --> 00:04:27,280

psychic shirt because there's cameras

101
00:04:30,950 --> 00:04:29,440
all over this museum

102
00:04:33,749 --> 00:04:30,960
and he's wearing a shirt that says

103
00:04:36,629 --> 00:04:33,759
psychic crystal balls and readings love

104
00:04:39,030 --> 00:04:36,639
fake destiny he's got his star wars

105
00:04:41,350 --> 00:04:39,040
face mask on so he's not going to be so

106
00:04:43,189 --> 00:04:41,360
obvious but when we get inside

107
00:04:44,629 --> 00:04:43,199
they're gonna check our id so this

108
00:04:46,870 --> 00:04:44,639
should be interesting

109
00:04:48,469 --> 00:04:46,880
um so so the reason why it should be

110
00:04:49,270 --> 00:04:48,479
interesting is because

111
00:04:55,030 --> 00:04:49,280
from

112
00:04:57,350 --> 00:04:55,040
i've written several articles about the

113
00:05:00,150 --> 00:04:57,360

artifacts in here giving the the actual

114

00:05:02,710 --> 00:05:00,160

history as opposed to the the

115

00:05:07,110 --> 00:05:02,720

well [h__h] history that he gives you

116

00:05:09,830 --> 00:05:07,120

um for 49.95 so zack baggins is he has a

117

00:05:12,070 --> 00:05:09,840

show called ghost adventures um it's on

118

00:05:13,590 --> 00:05:12,080

i think it's on discovery plus

119

00:05:15,189 --> 00:05:13,600

but it's been going for

120

00:05:17,350 --> 00:05:15,199

i don't know like 12

121

00:05:19,270 --> 00:05:17,360

to 13 years something like that and he's

122

00:05:22,310 --> 00:05:19,280

got a whole bunch of episodes he's very

123

00:05:24,550 --> 00:05:22,320

popular with ghost hunters and the ghost

124

00:05:27,029 --> 00:05:24,560

hunting community and he started this

125

00:05:29,350 --> 00:05:27,039

museum several years ago with allegedly

126

00:05:31,029 --> 00:05:29,360

haunted objects anywhere from the dippik

127

00:05:32,710 --> 00:05:31,039

box to

128

00:05:33,510 --> 00:05:32,720

like a chair that was supposed to be

129

00:05:36,390 --> 00:05:33,520

where

130

00:05:37,990 --> 00:05:36,400

um an exorcism was performed and he's

131

00:05:40,310 --> 00:05:38,000

got dolls and he's got all kinds of

132

00:05:41,830 --> 00:05:40,320

stuff in there so we're gonna so kenny

133

00:05:44,390 --> 00:05:41,840

this is kenny biddle and you can read

134

00:05:46,629 --> 00:05:44,400

about all his articles he's written on

135

00:05:48,469 --> 00:05:46,639

um skeptical inquire you also can go to

136

00:05:50,230 --> 00:05:48,479

the zac baggins which is

137

00:05:52,310 --> 00:05:50,240

z a k

138

00:05:54,629 --> 00:05:52,320

b a b-a-g-i-n-s

139

00:05:56,790 --> 00:05:54,639

his wikipedia page i'm sure you'll find

140

00:05:57,749 --> 00:05:56,800

links and the citations there to many of

141

00:05:59,350 --> 00:05:57,759

kenny's

142

00:06:00,870 --> 00:05:59,360

articles so

143

00:06:02,629 --> 00:06:00,880

the plan is

144

00:06:04,390 --> 00:06:02,639

we're going to go in the the tick i

145

00:06:06,629 --> 00:06:04,400

purchased my ticket under susan griffic

146

00:06:07,749 --> 00:06:06,639

so we'll see if that rings the bell to

147

00:06:10,469 --> 00:06:07,759

them

148

00:06:12,390 --> 00:06:10,479

but uh kenny's the one we're really

149

00:06:14,790 --> 00:06:12,400

expecting is gonna get busted because

150

00:06:16,870 --> 00:06:14,800

when you go in you have to show id

151

00:06:18,550 --> 00:06:16,880

so this should be interesting

152

00:06:20,469 --> 00:06:18,560

there's almost nobody here right now we

153

00:06:23,670 --> 00:06:20,479

got a one o'clock show i didn't buy my

154

00:06:26,230 --> 00:06:23,680

ticket so he has no idea i'm here until

155

00:06:28,070 --> 00:06:26,240

we get in and show your id yeah so what

156

00:06:30,390 --> 00:06:28,080

you're not allowed to film or record or

157

00:06:31,990 --> 00:06:30,400

anything inside the museum so except

158

00:06:34,230 --> 00:06:32,000

like right in the entryway so what we're

159

00:06:35,590 --> 00:06:34,240

gonna do what i'm going to do is if

160

00:06:37,270 --> 00:06:35,600

kenny says

161

00:06:38,629 --> 00:06:37,280

if they come in and they bust kitty and

162

00:06:40,150 --> 00:06:38,639

they're going to throw him out well then

163

00:06:40,950 --> 00:06:40,160

i'm going to pull out my phone i'm going

164

00:06:42,629 --> 00:06:40,960

to use

165

00:06:44,870 --> 00:06:42,639

i'm going to start recording

166

00:06:46,070 --> 00:06:44,880

and get that it'll be the best 50 bucks

167

00:06:47,350 --> 00:06:46,080

i ever spent

168

00:06:53,350 --> 00:06:47,360

so

169

00:06:55,029 --> 00:06:53,360

um in the meantime uh we'll we'll let's

170

00:06:58,700 --> 00:06:55,039

see what happens all right let's see

171

00:07:04,950 --> 00:07:01,990

[Music]

172

00:07:07,670 --> 00:07:04,960

okay we're all done we got out we got in

173

00:07:11,270 --> 00:07:07,680

we got out it was two hours

174

00:07:12,550 --> 00:07:11,280

and um i'm sitting here now with keith

175

00:07:13,990 --> 00:07:12,560

we called him keith throughout the whole

176
00:07:15,909 --> 00:07:14,000
thing kevin whatever your name was that

177
00:07:17,749 --> 00:07:15,919
was my code name his code name they kept

178
00:07:21,589 --> 00:07:17,759
the mouse on the whole time they didn't

179
00:07:24,309 --> 00:07:21,599
catch anything it was two hours of long

180
00:07:28,469 --> 00:07:24,319
long long

181
00:07:29,670 --> 00:07:28,479
so it was 11 people in our group

182
00:07:32,070 --> 00:07:29,680
and then

183
00:07:34,390 --> 00:07:32,080
two people who were from chicago that

184
00:07:35,510 --> 00:07:34,400
were ghost hunters and they didn't want

185
00:07:36,790 --> 00:07:35,520
to go on some

186
00:07:38,070 --> 00:07:36,800
there's a man and woman the woman

187
00:07:39,909 --> 00:07:38,080
sometimes didn't want to go in some of

188
00:07:41,029 --> 00:07:39,919

the rooms like with the divic box and

189

00:07:43,350 --> 00:07:41,039

stuff but

190

00:07:44,550 --> 00:07:43,360

so kenny we're fresh out there was a lot

191

00:07:46,390 --> 00:07:44,560

of things in here that were different

192

00:07:47,909 --> 00:07:46,400

from the last time we were here

193

00:07:49,830 --> 00:07:47,919

they've moved some of the rooms around

194

00:07:51,749 --> 00:07:49,840

and they've moved the bella to go see

195

00:07:54,070 --> 00:07:51,759

mirror i thought that was interesting so

196

00:07:56,469 --> 00:07:54,080

that you can't see it unless you're on a

197

00:07:57,670 --> 00:07:56,479

vip tour ticket and i thought that was

198

00:07:59,110 --> 00:07:57,680

fascinating because that's one of the

199

00:08:00,550 --> 00:07:59,120

things you've written about is the bella

200

00:08:02,309 --> 00:08:00,560

lugosi mirror

201
00:08:04,230 --> 00:08:02,319
and some other things have been added

202
00:08:06,309 --> 00:08:04,240
and some things are still the same so

203
00:08:07,990 --> 00:08:06,319
let's hear what you thought so the bella

204
00:08:09,749 --> 00:08:08,000
lugosi mirror was definitely interesting

205
00:08:11,110 --> 00:08:09,759
because now it's in the basement and

206
00:08:13,990 --> 00:08:11,120
it's only on the

207
00:08:15,990 --> 00:08:14,000
uh vip tour and

208
00:08:17,749 --> 00:08:16,000
we talked to the gentleman there was two

209
00:08:19,510 --> 00:08:17,759
people and one was a gentleman he went

210
00:08:20,710 --> 00:08:19,520
down there i talked to him afterwards

211
00:08:22,550 --> 00:08:20,720
and he said it's just out in the open

212
00:08:24,790 --> 00:08:22,560
it's not covered like it used to be

213
00:08:26,950 --> 00:08:24,800

where it was like optional to stare into

214

00:08:28,629 --> 00:08:26,960

it but now you can just walk up to it

215

00:08:29,990 --> 00:08:28,639

and you know there's nothing there's no

216

00:08:31,350 --> 00:08:30,000

curse or anything like that that they

217

00:08:34,230 --> 00:08:31,360

tell you about now

218

00:08:36,149 --> 00:08:34,240

uh what else did we see we saw the oh we

219

00:08:38,070 --> 00:08:36,159

got to see the captain smith mirror that

220

00:08:40,230 --> 00:08:38,080

was new that was added after we were

221

00:08:41,350 --> 00:08:40,240

here last time but it's still not

222

00:08:44,310 --> 00:08:41,360

anything

223

00:08:46,870 --> 00:08:44,320

it's it's not any big deal um

224

00:08:48,550 --> 00:08:46,880

we saw two hours worth of stuff we saw

225

00:08:51,509 --> 00:08:48,560

my legs are killing me we saw a lot of

226

00:08:54,630 --> 00:08:51,519

useless stuff like the clown diamond the

227

00:08:56,150 --> 00:08:54,640

circus diorama that was still there

228

00:08:57,590 --> 00:08:56,160

if you want if you're interested if

229

00:08:59,269 --> 00:08:57,600

you're in the circus

230

00:09:00,870 --> 00:08:59,279

it doesn't and then the hallways with

231

00:09:02,389 --> 00:09:00,880

the clowns that was a lot of fun how

232

00:09:03,190 --> 00:09:02,399

stuff the freak show

233

00:09:05,350 --> 00:09:03,200

um

234

00:09:07,430 --> 00:09:05,360

which was the guy drilling through his

235

00:09:09,829 --> 00:09:07,440

nose or something like that and that was

236

00:09:11,590 --> 00:09:09,839

just i mean if you're into that then by

237

00:09:14,550 --> 00:09:11,600

all means you'll like it but i thought

238

00:09:16,870 --> 00:09:14,560

it was boring and a waste of time um it

239

00:09:19,430 --> 00:09:16,880

was fluff it was it was it was like that

240

00:09:21,269 --> 00:09:19,440

news news item fluff piece that they

241

00:09:23,110 --> 00:09:21,279

talk about every halloween on the news

242

00:09:25,190 --> 00:09:23,120

where it's just filling in ghost

243

00:09:26,470 --> 00:09:25,200

stories and crap like that

244

00:09:29,030 --> 00:09:26,480

um

245

00:09:31,350 --> 00:09:29,040

the dippik box has a another barrier

246

00:09:33,430 --> 00:09:31,360

around it a different barrier so that

247

00:09:34,630 --> 00:09:33,440

you can't get as close as you could

248

00:09:36,389 --> 00:09:34,640

before

249

00:09:37,269 --> 00:09:36,399

peggy the doll which is a hornet doll

250

00:09:39,269 --> 00:09:37,279

that has

251

00:09:40,790 --> 00:09:39,279

uh that we could get closer to that last

252

00:09:42,790 --> 00:09:40,800

time when we were there with more

253

00:09:43,829 --> 00:09:42,800

remember that uh there was a barrier and

254

00:09:45,110 --> 00:09:43,839

you couldn't get

255

00:09:46,310 --> 00:09:45,120

close enough but this time you got right

256

00:09:49,590 --> 00:09:46,320

up to the case

257

00:09:51,509 --> 00:09:49,600

the uh oh the devil's rocking chair

258

00:09:54,070 --> 00:09:51,519

we got to see that that was the orange

259

00:09:56,790 --> 00:09:54,080

yeah the warrens ed and louise or eddie

260

00:09:57,990 --> 00:09:56,800

lorraine warren oh my god that was there

261

00:09:59,110 --> 00:09:58,000

that was

262

00:10:01,670 --> 00:09:59,120

really

263

00:10:03,590 --> 00:10:01,680

that was it was it was a chair it's a

264

00:10:05,670 --> 00:10:03,600

chair in a cubby hole with a remote

265

00:10:07,350 --> 00:10:05,680

which i want to point out that when i

266

00:10:09,750 --> 00:10:07,360

wrote my article about when they

267

00:10:11,829 --> 00:10:09,760

originally brought it in here and

268

00:10:13,990 --> 00:10:11,839

they they zach tried to claim that the

269

00:10:16,389 --> 00:10:14,000

door mysterial seat mysteriously popped

270

00:10:18,470 --> 00:10:16,399

open i called it that he had a remote in

271

00:10:20,630 --> 00:10:18,480

his hand and that's exactly what they

272

00:10:22,550 --> 00:10:20,640

used they had a remote control that

273

00:10:24,150 --> 00:10:22,560

popped open the door

274

00:10:27,269 --> 00:10:24,160

yeah yeah i saw her take it out i'm like

275

00:10:29,190 --> 00:10:27,279

oh there it is there it is uh what else

276

00:10:32,310 --> 00:10:29,200

do we see um

277

00:10:33,910 --> 00:10:32,320

oh the the very very anti-climatic

278

00:10:36,389 --> 00:10:33,920

uh

279

00:10:38,470 --> 00:10:36,399

transaxle from the race car the the

280

00:10:40,630 --> 00:10:38,480

james dean james jeans race car which

281

00:10:43,030 --> 00:10:40,640

they built up is this like really cursed

282

00:10:44,630 --> 00:10:43,040

item that so many people crashed their

283

00:10:47,430 --> 00:10:44,640

cars because they had parts from the

284

00:10:49,829 --> 00:10:47,440

james dean car and it everything crashed

285

00:10:51,030 --> 00:10:49,839

everybody died and all this stuff and

286

00:10:51,829 --> 00:10:51,040

then they turned the lights on and it's

287

00:10:53,350 --> 00:10:51,839

just

288

00:10:54,949 --> 00:10:53,360

it's a piece of a car

289

00:10:57,269 --> 00:10:54,959

it's like they're like

290

00:10:59,190 --> 00:10:57,279

everyone's like yeah that's it

291

00:11:01,990 --> 00:10:59,200

there's nothing there's nothing there we

292

00:11:04,630 --> 00:11:02,000

did get to see zach though um briefly he

293

00:11:06,470 --> 00:11:04,640

walked right by us he had no idea

294

00:11:07,910 --> 00:11:06,480

um that we were there but he walked

295

00:11:10,470 --> 00:11:07,920

right by us i didn't get a chance to get

296

00:11:11,269 --> 00:11:10,480

a selfie with him which i'm upset about

297

00:11:12,550 --> 00:11:11,279

but

298

00:11:15,350 --> 00:11:12,560

we probably haven't gotten to do the

299

00:11:17,750 --> 00:11:15,360

tour yeah probably probably but i mean

300

00:11:19,590 --> 00:11:17,760

it's it's just the same tour i mean i

301
00:11:21,190 --> 00:11:19,600
will give on the positive side i won't

302
00:11:23,269 --> 00:11:21,200
be totally critical but on the positive

303
00:11:25,350 --> 00:11:23,279
side we did have a little bit more time

304
00:11:27,030 --> 00:11:25,360
in the beginning yeah our first place is

305
00:11:28,790 --> 00:11:27,040
way emptier than it was

306
00:11:31,110 --> 00:11:28,800
our first tour guide gave us time to

307
00:11:32,630 --> 00:11:31,120
actually look and read everything so our

308
00:11:35,110 --> 00:11:32,640
first tour guide was great whoever she

309
00:11:36,389 --> 00:11:35,120
was she was wonderful um

310
00:11:38,710 --> 00:11:36,399
i didn't like the lady yelled at me

311
00:11:40,710 --> 00:11:38,720
because i took out my phone

312
00:11:43,030 --> 00:11:40,720
because i wanted to check the time she

313
00:11:45,670 --> 00:11:43,040

yelled at me to put my phone back so i

314

00:11:47,990 --> 00:11:45,680

don't like her uh but everyone else was

315

00:11:49,590 --> 00:11:48,000

pretty much nice and yeah we were rushed

316

00:11:50,550 --> 00:11:49,600

we rushed through and that's that's

317

00:11:53,750 --> 00:11:50,560

about it

318

00:11:55,350 --> 00:11:53,760

so what i really didn't like was that

319

00:11:57,190 --> 00:11:55,360

they were really pushing this demon

320

00:11:59,910 --> 00:11:57,200

thing there were people that they were

321

00:12:01,829 --> 00:11:59,920

profiling that obviously

322

00:12:03,829 --> 00:12:01,839

had horrible things happen to them or

323

00:12:05,350 --> 00:12:03,839

they caused horrible things to hap to do

324

00:12:07,110 --> 00:12:05,360

happen

325

00:12:09,030 --> 00:12:07,120

but they were mentally ill

326

00:12:10,710 --> 00:12:09,040

it was clear these people are mentally

327

00:12:12,790 --> 00:12:10,720

ill but they kept saying

328

00:12:14,790 --> 00:12:12,800

it was demon possession it was demon

329

00:12:16,790 --> 00:12:14,800

possession and you're like

330

00:12:18,389 --> 00:12:16,800

i think they were just mentally ill you

331

00:12:20,150 --> 00:12:18,399

know people would fall and faint and

332

00:12:22,470 --> 00:12:20,160

stuff and i thought well people fall in

333

00:12:25,350 --> 00:12:22,480

faint or people with the kid from the

334

00:12:27,829 --> 00:12:25,360

haunting in connecticut case he did have

335

00:12:31,030 --> 00:12:27,839

issues his brother confirmed it that he

336

00:12:33,269 --> 00:12:31,040

did have uh mental issues but that's not

337

00:12:34,870 --> 00:12:33,279

mentioned in these in these stories he

338

00:12:37,269 --> 00:12:34,880

didn't get any help no he didn't get any

339

00:12:39,509 --> 00:12:37,279

help for him they talk about demons and

340

00:12:41,990 --> 00:12:39,519

everything and even with the debit box

341

00:12:44,069 --> 00:12:42,000

they're still pushing the same story

342

00:12:46,310 --> 00:12:44,079

about how it's demonic and

343

00:12:49,350 --> 00:12:46,320

it causes all these problems and causes

344

00:12:51,910 --> 00:12:49,360

the the internet guy post malone to have

345

00:12:53,829 --> 00:12:51,920

crashes and and injuries and all that

346

00:12:55,430 --> 00:12:53,839

and i mean we have an interview with

347

00:12:58,550 --> 00:12:55,440

kevin mannis who originally came up with

348

00:13:00,629 --> 00:12:58,560

the story we have him on video admitting

349

00:13:02,710 --> 00:13:00,639

that he made the entire story up

350

00:13:05,910 --> 00:13:02,720

the entire story was fabricated to make

351

00:13:08,550 --> 00:13:05,920

money to to create a story but they

352

00:13:10,470 --> 00:13:08,560

still push this this fabrication here at

353

00:13:12,870 --> 00:13:10,480

this museum and that lets them charge

354

00:13:14,790 --> 00:13:12,880

fifty dollars yeah fifty bucks okay so

355

00:13:16,949 --> 00:13:14,800

let me ask you this question

356

00:13:18,310 --> 00:13:16,959

so this is a haunted house that's the

357

00:13:20,550 --> 00:13:18,320

building it has

358

00:13:23,670 --> 00:13:20,560

right okay so how is this place

359

00:13:26,710 --> 00:13:23,680

different than going to a haunted house

360

00:13:28,470 --> 00:13:26,720

at halloween and having a good scare

361

00:13:31,590 --> 00:13:28,480

and

362

00:13:33,030 --> 00:13:31,600

so on i mean why why is this so

363

00:13:35,910 --> 00:13:33,040

different in

364

00:13:38,150 --> 00:13:35,920

just going and having a scare so yeah on

365

00:13:40,069 --> 00:13:38,160

the surface it's not different at all

366

00:13:42,310 --> 00:13:40,079

it's it's no different it's the same

367

00:13:45,430 --> 00:13:42,320

kind of you see the same halloween

368

00:13:47,189 --> 00:13:45,440

antics the same um scare tactics i mean

369

00:13:50,389 --> 00:13:47,199

they even had a guy in a clown suit do a

370

00:13:53,350 --> 00:13:50,399

jump scare at us going up the stairs

371

00:13:55,350 --> 00:13:53,360

but it the difference here is reputation

372

00:13:58,069 --> 00:13:55,360

this is a guy that has a tv show that

373

00:14:00,230 --> 00:13:58,079

has a fan base and

374

00:14:01,990 --> 00:14:00,240

it's in las vegas so it's an attraction

375

00:14:04,550 --> 00:14:02,000

he's got billboards up that we saw

376

00:14:06,150 --> 00:14:04,560

driving here and walking here so people

377

00:14:08,389 --> 00:14:06,160

come here because of his celebrity

378

00:14:09,910 --> 00:14:08,399

status and they're willing to shell out

379

00:14:12,470 --> 00:14:09,920

50 bucks because they think they're

380

00:14:15,189 --> 00:14:12,480

seeing really haunted items and all

381

00:14:18,230 --> 00:14:15,199

they're seeing is a bunch of flea market

382

00:14:19,590 --> 00:14:18,240

junk with a creative story attached to

383

00:14:22,550 --> 00:14:19,600

it that's all they're saying tell us how

384

00:14:25,110 --> 00:14:22,560

you really feel kim you know i just

385

00:14:25,829 --> 00:14:25,120

it just really pisses me off that

386

00:14:29,350 --> 00:14:25,839

he

387

00:14:30,949 --> 00:14:29,360

literally makes up stories for this and

388

00:14:33,269 --> 00:14:30,959

all you have to do is 10 minutes of

389

00:14:35,350 --> 00:14:33,279

google searching to find out that it's

390

00:14:37,269 --> 00:14:35,360

it's not genuine it's not a genuine

391

00:14:38,550 --> 00:14:37,279

story 10 minutes of google that's all

392

00:14:40,629 --> 00:14:38,560

you got to do but

393

00:14:41,670 --> 00:14:40,639

people would rather sell out 50

394

00:14:43,670 --> 00:14:41,680

to

395

00:14:45,269 --> 00:14:43,680

get scared and walk around a dark

396

00:14:47,189 --> 00:14:45,279

mansion which by the way i mean the

397

00:14:48,949 --> 00:14:47,199

mention itself is actually really cool i

398

00:14:50,790 --> 00:14:48,959

mean the architecture inside is really

399

00:14:52,870 --> 00:14:50,800

cool i can see 50 bucks for a haunted

400

00:14:54,790 --> 00:14:52,880

house that was two hours long if it's

401
00:14:56,550 --> 00:14:54,800
for built for entertainment you know and

402
00:14:58,550 --> 00:14:56,560
it's an attraction a haunted attraction

403
00:15:00,389 --> 00:14:58,560
not that's the real haunted items

404
00:15:02,150 --> 00:15:00,399
entertainment versus

405
00:15:04,710 --> 00:15:02,160
historical

406
00:15:07,030 --> 00:15:04,720
stuff yeah let's let's ask radford over

407
00:15:08,710 --> 00:15:07,040
here yeah ben radford who went as uh

408
00:15:11,269 --> 00:15:08,720
what was his name through the whole tour

409
00:15:13,030 --> 00:15:11,279
brad brad okay so ben radford's here

410
00:15:15,509 --> 00:15:13,040
with us let's see what he has to say he

411
00:15:16,949 --> 00:15:15,519
made some good points up and one of when

412
00:15:19,030 --> 00:15:16,959
we were at the end and we were kind of

413
00:15:21,110 --> 00:15:19,040

done about uh when we were in that

414

00:15:22,710 --> 00:15:21,120

titanic room with natalie wood and i'm

415

00:15:24,710 --> 00:15:22,720

like what is natalie wood got to do with

416

00:15:25,670 --> 00:15:24,720

the titanic okay tell us what you

417

00:15:28,470 --> 00:15:25,680

thought

418

00:15:29,590 --> 00:15:28,480

to me i mean it was about 15 interesting

419

00:15:32,069 --> 00:15:29,600

stuff i mean it's you know the whole

420

00:15:34,150 --> 00:15:32,079

stories and the divi stuff but there's

421

00:15:36,150 --> 00:15:34,160

the the the remainder of it was either

422

00:15:38,389 --> 00:15:36,160

irrelevant and just sort of shoehorned

423

00:15:40,949 --> 00:15:38,399

in you know clowns and

424

00:15:42,949 --> 00:15:40,959

and you know just sort of random i mean

425

00:15:45,990 --> 00:15:42,959

i love sideshow x as much as the next

426

00:15:47,670 --> 00:15:46,000

person probably more so but

427

00:15:48,470 --> 00:15:47,680

why are we seeing it here i mean it's

428

00:15:53,350 --> 00:15:48,480

just

429

00:15:54,870 --> 00:15:53,360

let's throw this in there and they're

430

00:15:56,230 --> 00:15:54,880

trying to fill the whole you know hour

431

00:15:58,310 --> 00:15:56,240

and a half two hours

432

00:16:00,310 --> 00:15:58,320

and then so so you said there's again

433

00:16:01,829 --> 00:16:00,320

there's you know 10 or 15 percent that's

434

00:16:03,509 --> 00:16:01,839

actually kind of interesting there's a

435

00:16:05,590 --> 00:16:03,519

story behind it but then you have a lot

436

00:16:07,590 --> 00:16:05,600

of this was just filler and then the

437

00:16:09,590 --> 00:16:07,600

rest is exploitation right we got this

438

00:16:12,310 --> 00:16:09,600

murderabilia thing we got you know

439

00:16:15,269 --> 00:16:12,320

charlie manson's drawings and and gacy

440

00:16:17,030 --> 00:16:15,279

and and kevorkian's death van these are

441

00:16:19,110 --> 00:16:17,040

people that you know that that died and

442

00:16:21,829 --> 00:16:19,120

people that kill it and it's just

443

00:16:23,350 --> 00:16:21,839

yeah it's it's it just really smacks the

444

00:16:24,710 --> 00:16:23,360

exploitation and that's one of the

445

00:16:26,710 --> 00:16:24,720

problems they had with zach you know i

446

00:16:29,030 --> 00:16:26,720

wrote in one of my books about how he

447

00:16:31,749 --> 00:16:29,040

basically exploited the suicide of actor

448

00:16:34,310 --> 00:16:31,759

david strickland i think it was uh in a

449

00:16:37,430 --> 00:16:34,320

hotel not far from here and he went he

450

00:16:39,350 --> 00:16:37,440

made a music album with alleged evp of

451

00:16:41,110 --> 00:16:39,360

this this dead actor

452

00:16:43,670 --> 00:16:41,120

and that's what i find really kind of

453

00:16:46,150 --> 00:16:43,680

offensive is you know go ahead and tell

454

00:16:49,350 --> 00:16:46,160

the stories but stick the truth as much

455

00:16:50,949 --> 00:16:49,360

as you can and don't don't exploit dead

456

00:16:53,030 --> 00:16:50,959

people i mean that's people with clear

457

00:16:55,189 --> 00:16:53,040

mental illness yeah i mean yeah that's

458

00:16:56,629 --> 00:16:55,199

so i mean it's you know i i don't regret

459

00:16:58,870 --> 00:16:56,639

going in there i'm not going to go in

460

00:17:01,509 --> 00:16:58,880

again but it's it's just

461

00:17:04,549 --> 00:17:01,519

it's interesting but i just again it's

462

00:17:06,390 --> 00:17:04,559

just so padded out with irrelevant stuff

463

00:17:08,230 --> 00:17:06,400

and and the stuff that's that is

464

00:17:10,470 --> 00:17:08,240

relevant it's sort of this weird

465

00:17:13,189 --> 00:17:10,480

tangential oh you know look at the

466

00:17:15,110 --> 00:17:13,199

serial killers you know coffee cup

467

00:17:17,510 --> 00:17:15,120

okay so coral

468

00:17:19,510 --> 00:17:17,520

from winnipeg is dying to tell us

469

00:17:21,189 --> 00:17:19,520

i just found it really interesting the

470

00:17:22,789 --> 00:17:21,199

way they uh

471

00:17:25,990 --> 00:17:22,799

rushed us through

472

00:17:28,549 --> 00:17:26,000

parts that were that seemed

473

00:17:30,390 --> 00:17:28,559

really important to the story such as

474

00:17:32,710 --> 00:17:30,400

details and some of the letters that

475

00:17:35,750 --> 00:17:32,720

they were quoting and

476

00:17:37,990 --> 00:17:35,760

sharing as evidence of

477

00:17:39,110 --> 00:17:38,000

you know things that they claimed like

478

00:17:41,270 --> 00:17:39,120

all the

479

00:17:42,390 --> 00:17:41,280

men they claimed who died who carried

480

00:17:44,549 --> 00:17:42,400

eddie's

481

00:17:46,630 --> 00:17:44,559

cauldron

482

00:17:49,270 --> 00:17:46,640

and and things like that and when i

483

00:17:51,270 --> 00:17:49,280

asked to read the letter i asked details

484

00:17:53,669 --> 00:17:51,280

about it it was just really just kind of

485

00:17:54,390 --> 00:17:53,679

rushed through and too dark in there to

486

00:17:56,070 --> 00:17:54,400

see

487

00:17:56,950 --> 00:17:56,080

what it said

488

00:17:59,590 --> 00:17:56,960

and

489

00:18:03,190 --> 00:17:59,600

um i thought that would be a really

490

00:18:05,590 --> 00:18:03,200

really important part of the tour

491

00:18:09,510 --> 00:18:05,600

if you really wanted to sell

492

00:18:12,150 --> 00:18:09,520

hauntings and paranormal activity

493

00:18:14,870 --> 00:18:12,160

visually i i personally thought a lot of

494

00:18:18,789 --> 00:18:14,880

it was interesting

495

00:18:20,630 --> 00:18:18,799

but like i what ben was saying and kenny

496

00:18:23,350 --> 00:18:20,640

how it was padded with sort of like

497

00:18:24,150 --> 00:18:23,360

weird irrelevant things was very true

498

00:18:27,029 --> 00:18:24,160

and

499

00:18:28,870 --> 00:18:27,039

i also i'm a big fan of fun houses so i

500

00:18:31,430 --> 00:18:28,880

did like that part but it definitely

501
00:18:32,549 --> 00:18:31,440
didn't have anything to do with uh with

502
00:18:35,270 --> 00:18:32,559
anything

503
00:18:38,070 --> 00:18:35,280
um but yeah no it was a really

504
00:18:39,830 --> 00:18:38,080
interesting experience to uh take that

505
00:18:43,350 --> 00:18:39,840
tour with

506
00:18:47,270 --> 00:18:45,029
and you know i found it really

507
00:18:50,630 --> 00:18:47,280
interesting too um

508
00:18:53,590 --> 00:18:50,640
just noticing the reactions

509
00:18:55,990 --> 00:18:53,600
of the other two people in our tour that

510
00:18:58,070 --> 00:18:56,000
weren't with us

511
00:19:02,470 --> 00:18:58,080
because clearly

512
00:19:04,390 --> 00:19:02,480
they didn't have any sort of

513
00:19:07,350 --> 00:19:04,400

you know skepticism

514

00:19:10,630 --> 00:19:07,360

yet yet maybe maybe one day they'll hear

515

00:19:14,630 --> 00:19:13,029

thank you so much okay so skeptics own

516

00:19:16,310 --> 00:19:14,640

listeners it's

517

00:19:17,909 --> 00:19:16,320

i'm looking forward to coming and seeing

518

00:19:20,870 --> 00:19:17,919

you guys out there in australia again

519

00:19:23,029 --> 00:19:20,880

sometime soon i wore my drop bear

520

00:19:25,669 --> 00:19:23,039

shirt to this so

521

00:19:28,549 --> 00:19:25,679

um the carney in the museum said hey

522

00:19:30,710 --> 00:19:28,559

really cool koala you have on and i said

523

00:19:32,710 --> 00:19:30,720

that's a drop bear and you have to watch

524

00:19:35,190 --> 00:19:32,720

out because they'll kill you

525

00:19:36,150 --> 00:19:35,200

and he says yeah that's true

526

00:19:38,230 --> 00:19:36,160

so

527

00:19:41,370 --> 00:19:38,240

anyway thank you skeptic zone listeners

528

00:19:52,789 --> 00:19:41,380

for going on this little tour with us

529

00:19:55,590 --> 00:19:52,799

[Music]

530

00:19:57,549 --> 00:19:55,600

hi there i'm abhijeet and i host the

531

00:19:59,110 --> 00:19:57,559

rationable podcast on

532

00:20:01,110 --> 00:19:59,120

berationable.com

533

00:20:03,110 --> 00:20:01,120

every couple of weeks i science the hell

534

00:20:06,149 --> 00:20:03,120

out of alternative medicines health and

535

00:20:09,590 --> 00:20:06,159

nutrition fads social media forwards

536

00:20:11,830 --> 00:20:09,600

science news and lots more of course you

537

00:20:13,990 --> 00:20:11,840

can find all of my articles podcast

538

00:20:18,070 --> 00:20:14,000

episodes and lots more on

539

00:20:23,130 --> 00:20:21,190

see you there and until then always be

540

00:20:37,029 --> 00:20:23,140

rationable

541

00:20:39,270 --> 00:20:37,039

[Music]

542

00:20:40,549 --> 00:20:39,280

yes tick tock that social phenomenon

543

00:20:42,630 --> 00:20:40,559

which i have

544

00:20:44,630 --> 00:20:42,640

i spend too much time on tick tock folks

545

00:20:46,470 --> 00:20:44,640

i really do but i do learn some

546

00:20:49,110 --> 00:20:46,480

interesting things and it's interesting

547

00:20:50,950 --> 00:20:49,120

to see what the opinions are of people

548

00:20:52,630 --> 00:20:50,960

from around the world mostly the united

549

00:20:55,110 --> 00:20:52,640

states of course but plenty of

550

00:20:57,029 --> 00:20:55,120

australians on there too

551
00:20:58,470 --> 00:20:57,039
now in the past we've looked at live

552
00:21:00,630 --> 00:20:58,480
tick-tockers

553
00:21:03,750 --> 00:21:00,640
live ghost hunters

554
00:21:07,029 --> 00:21:03,760
for example and live psychics and live

555
00:21:08,710 --> 00:21:07,039
tarot card readers today we're going to

556
00:21:11,029 --> 00:21:08,720
look through the

557
00:21:12,149 --> 00:21:11,039
what shall i say the archived tick tocks

558
00:21:14,789 --> 00:21:12,159
these are tick tocks which are

559
00:21:17,830 --> 00:21:14,799
pre-recorded or recorded on the spot

560
00:21:19,669 --> 00:21:17,840
then archived but mostly i think they're

561
00:21:21,270 --> 00:21:19,679
pre-recorded

562
00:21:23,669 --> 00:21:21,280
and this week i thought we'd look up

563
00:21:24,789 --> 00:21:23,679

that classic of skepticism we love

564

00:21:26,390 --> 00:21:24,799

looking at the classics here on the

565

00:21:28,310 --> 00:21:26,400

skeptic zone

566

00:21:29,990 --> 00:21:28,320

that is investigations into this

567

00:21:32,860 --> 00:21:30,000

so-called

568

00:21:35,830 --> 00:21:32,870

healing modality of homeopathy

569

00:21:38,789 --> 00:21:35,840

[Music]

570

00:21:41,750 --> 00:21:38,799

a quick look over on the internet before

571

00:21:43,990 --> 00:21:41,760

we start at quack watch

572

00:21:47,270 --> 00:21:44,000

and this is by stephen barrett md here's

573

00:21:49,350 --> 00:21:47,280

something written in 2016 homeopathy

574

00:21:51,669 --> 00:21:49,360

and the ultimate fake

575

00:21:54,630 --> 00:21:51,679

homeopathic remedies enjoy a unique

576
00:21:56,549 --> 00:21:54,640
status in the health marketplace

577
00:21:59,270 --> 00:21:56,559
they are the only category of quack

578
00:22:01,110 --> 00:21:59,280
products legally marketed as drugs

579
00:22:05,029 --> 00:22:01,120
this situation is the result of two

580
00:22:07,350 --> 00:22:05,039
circumstances first the 1938 federal

581
00:22:10,390 --> 00:22:07,360
food drug and cosmetic act

582
00:22:12,870 --> 00:22:10,400
which was shepherded through congress by

583
00:22:15,350 --> 00:22:12,880
a homeopathic physician who was a

584
00:22:18,470 --> 00:22:15,360
senator recognizes as drugs or

585
00:22:20,470 --> 00:22:18,480
substances included in the homeopathic

586
00:22:23,990 --> 00:22:20,480
pharmacopoeia of the united states

587
00:22:25,909 --> 00:22:24,000
second the fda has not held homeopathic

588
00:22:28,549 --> 00:22:25,919

products to the same standards as other

589

00:22:30,950 --> 00:22:28,559

drugs today they are marketed in health

590

00:22:33,590 --> 00:22:30,960

food stores in pharmacies in

591

00:22:36,149 --> 00:22:33,600

practitioner offices by multi-level

592

00:22:37,830 --> 00:22:36,159

distributors now the article is quite

593

00:22:39,750 --> 00:22:37,840

lengthy it goes on

594

00:22:41,909 --> 00:22:39,760

it's very well worth a read and i'll

595

00:22:44,230 --> 00:22:41,919

link to this in the show notes later on

596

00:22:46,950 --> 00:22:44,240

it says at best the remedies are

597

00:22:49,909 --> 00:22:46,960

placebos homeopathic remedies are made

598

00:22:52,470 --> 00:22:49,919

from minerals botanical substances and

599

00:22:55,830 --> 00:22:52,480

several other sources if the original

600

00:22:58,789 --> 00:22:55,840

substance is soluble one part is diluted

601
00:23:00,950 --> 00:22:58,799
with either nine or ninety-nine parts of

602
00:23:04,630 --> 00:23:00,960
distilled water and or alcohol and

603
00:23:07,750 --> 00:23:04,640
shaken vigorously succust if insoluble

604
00:23:09,830 --> 00:23:07,760
it is finely ground and pulverized in

605
00:23:11,029 --> 00:23:09,840
similar proportions with powdered

606
00:23:13,270 --> 00:23:11,039
lactose

607
00:23:15,590 --> 00:23:13,280
milk sugar one part of the diluted

608
00:23:17,590 --> 00:23:15,600
medicine is further diluted and the

609
00:23:19,830 --> 00:23:17,600
process is repeated until the desired

610
00:23:22,789 --> 00:23:19,840
concentration is reached it goes on to

611
00:23:26,230 --> 00:23:22,799
say that a 30x solution means the

612
00:23:29,590 --> 00:23:26,240
original substance has been diluted

613
00:23:32,230 --> 00:23:29,600

one with 30 zeros times

614

00:23:34,710 --> 00:23:32,240

assuming that a cubic centimeter of

615

00:23:36,149 --> 00:23:34,720

water contains 15 drops this number is

616

00:23:39,029 --> 00:23:36,159

greater than the number of drops of

617

00:23:41,510 --> 00:23:39,039

water that would fill a container more

618

00:23:43,750 --> 00:23:41,520

than 50 times the size of the earth but

619

00:23:46,230 --> 00:23:43,760

of course it goes far beyond that

620

00:23:48,390 --> 00:23:46,240

as many of you know we have dilutions

621

00:23:50,789 --> 00:23:48,400

which are 30c

622

00:23:52,630 --> 00:23:50,799

which are far bigger or smaller

623

00:23:54,149 --> 00:23:52,640

depending on how you look at it but of

624

00:23:55,669 --> 00:23:54,159

course the long time argument from

625

00:23:56,630 --> 00:23:55,679

skeptics is that

626

00:23:58,549 --> 00:23:56,640

um

627

00:24:00,870 --> 00:23:58,559

surely most homeopathic medicine is the

628

00:24:02,549 --> 00:24:00,880

same that is there's there's nothing in

629

00:24:05,029 --> 00:24:02,559

it there's the cry you'll hear quite

630

00:24:07,750 --> 00:24:05,039

often homeopathy there's nothing in it

631

00:24:09,669 --> 00:24:07,760

it is a placebo it's sugar pills

632

00:24:11,510 --> 00:24:09,679

or a little bit of uh

633

00:24:13,190 --> 00:24:11,520

water and alcohol which by itself of

634

00:24:13,990 --> 00:24:13,200

course can be considered to be harmless

635

00:24:15,909 --> 00:24:14,000

but

636

00:24:17,750 --> 00:24:15,919

the real harm comes if you're taking

637

00:24:18,950 --> 00:24:17,760

this with the expectation that it's

638

00:24:20,310 --> 00:24:18,960

actually going to do something

639

00:24:23,430 --> 00:24:20,320

especially

640

00:24:25,750 --> 00:24:23,440

with the expectation that it's going to

641

00:24:27,590 --> 00:24:25,760

act as some sort of vaccine

642

00:24:30,310 --> 00:24:27,600

but so we turn

643

00:24:32,470 --> 00:24:30,320

at last we turn to some examples i've

644

00:24:33,909 --> 00:24:32,480

discovered on tick tock when searching

645

00:24:36,470 --> 00:24:33,919

for the term

646

00:24:38,710 --> 00:24:36,480

homeopathy homeopathy is another form of

647

00:24:40,390 --> 00:24:38,720

pseudoscientific alternative medicine

648

00:24:42,390 --> 00:24:40,400

that gained popularity back in the late

649

00:24:44,230 --> 00:24:42,400

1700s you know when we were still

650

00:24:46,549 --> 00:24:44,240

bloodletting and stuff and for some

651
00:24:48,549 --> 00:24:46,559
reason just hasn't gone away it's got

652
00:24:51,190 --> 00:24:48,559
two main principles to it the first is

653
00:24:53,029 --> 00:24:51,200
that like cures like the idea that if

654
00:24:55,269 --> 00:24:53,039
you take a substance that would cause an

655
00:24:58,390 --> 00:24:55,279
adverse effect in a healthy person it

656
00:25:00,710 --> 00:24:58,400
will cure similar symptoms in a not

657
00:25:02,310 --> 00:25:00,720
healthy person so i suppose they're

658
00:25:04,470 --> 00:25:02,320
supposed to just cancel each other out

659
00:25:06,789 --> 00:25:04,480
or something and the second principle is

660
00:25:09,430 --> 00:25:06,799
that the smaller and more dilute the

661
00:25:10,870 --> 00:25:09,440
dose the stronger and more effective the

662
00:25:13,909 --> 00:25:10,880
medicine becomes

663
00:25:16,630 --> 00:25:13,919

so if you forget to take your medicine

664

00:25:17,590 --> 00:25:16,640

that could cause an overdose i guess

665

00:25:19,510 --> 00:25:17,600

the thing you need to know about

666

00:25:20,870 --> 00:25:19,520

homeopathy is that there is not a single

667

00:25:23,190 --> 00:25:20,880

homeopathic remedy that has been

668

00:25:25,029 --> 00:25:23,200

approved by the fda at all if you see a

669

00:25:27,750 --> 00:25:25,039

bottle that says homeopathic on it it is

670

00:25:30,070 --> 00:25:27,760

not tested it is not regulated it

671

00:25:31,830 --> 00:25:30,080

probably isn't dangerous either but when

672

00:25:34,549 --> 00:25:31,840

people assume real medicine for that

673

00:25:36,710 --> 00:25:34,559

crap that is dangerous and the first cab

674

00:25:39,269 --> 00:25:36,720

off the rank that was a

675

00:25:42,390 --> 00:25:39,279

tick-tock user which goes by the handle

676

00:25:44,630 --> 00:25:42,400

of renegade science teacher

677

00:25:47,430 --> 00:25:44,640

and now we have an entry here

678

00:25:50,149 --> 00:25:47,440

video by an account under the name of

679

00:25:52,950 --> 00:25:50,159

unbiased scipod

680

00:25:55,269 --> 00:25:52,960

homeopathy or glorified sugar pills here

681

00:25:57,830 --> 00:25:55,279

in the cold and flu isle oscillococcinum

682

00:26:00,549 --> 00:25:57,840

sits right next to actual medicines

683

00:26:03,830 --> 00:26:00,559

claiming to relieve flu-like symptoms

684

00:26:06,870 --> 00:26:03,840

it contains no active ingredient on the

685

00:26:09,830 --> 00:26:06,880

label it'll say anise barbaria which

686

00:26:11,590 --> 00:26:09,840

means it has duck in heart liver but

687

00:26:14,310 --> 00:26:11,600

those are diluted to the point of

688

00:26:18,149 --> 00:26:14,320

actually having no of no active

689

00:26:20,630 --> 00:26:18,159

ingredient at all that 200 ck number

690

00:26:22,149 --> 00:26:20,640

that means that the duck liver and heart

691

00:26:25,830 --> 00:26:22,159

has been diluted

692

00:26:29,190 --> 00:26:25,840

100 fold 200 times over that means there

693

00:26:31,830 --> 00:26:29,200

is not a single molecule in this but you

694

00:26:35,669 --> 00:26:31,840

know what is in this the inactive

695

00:26:38,710 --> 00:26:35,679

ingredients lactose and sucrose so this

696

00:26:39,510 --> 00:26:38,720

is literally nothing more than a sugar

697

00:26:41,750 --> 00:26:39,520

pill

698

00:26:44,230 --> 00:26:41,760

save your money and your health and

699

00:26:46,390 --> 00:26:44,240

that's what i've discovered in my

700

00:26:47,830 --> 00:26:46,400

wanderings through tick tock is that

701
00:26:52,230 --> 00:26:47,840
most

702
00:26:55,510 --> 00:26:52,240
are negative they're critical they're

703
00:26:58,149 --> 00:26:55,520
skeptical which is very interesting

704
00:27:00,870 --> 00:26:58,159
and to illustrate that the very next one

705
00:27:03,350 --> 00:27:00,880
i found is from an account called

706
00:27:08,950 --> 00:27:03,360
i am leveling

707
00:27:11,269 --> 00:27:08,960
what she has to say

708
00:27:13,590 --> 00:27:11,279
there's this amazing non-scientific idea

709
00:27:16,950 --> 00:27:13,600
in homeopathy that like treats like and

710
00:27:19,750 --> 00:27:16,960
no cure is funnier to me than this one

711
00:27:22,070 --> 00:27:19,760
because it's made from poison ivy and

712
00:27:23,590 --> 00:27:22,080
you would use it to treat a poison ivy

713
00:27:25,110 --> 00:27:23,600

rash

714

00:27:27,750 --> 00:27:25,120

short but sweet

715

00:27:28,950 --> 00:27:27,760

and yet another one here from unbiased

716

00:27:31,269 --> 00:27:28,960

cypod

717

00:27:32,710 --> 00:27:31,279

homeopathy are glorified sugar pills

718

00:27:35,510 --> 00:27:32,720

based on the principle that the more

719

00:27:37,750 --> 00:27:35,520

diluted substance is the more powerful

720

00:27:39,909 --> 00:27:37,760

it is because the water remembered the

721

00:27:42,549 --> 00:27:39,919

original substance one of the more

722

00:27:43,510 --> 00:27:42,559

prevalent ones in the running community

723

00:27:44,630 --> 00:27:43,520

is

724

00:27:50,230 --> 00:27:44,640

arnica

725

00:27:53,029 --> 00:27:50,240

cure muscle pain and stiffness

726

00:27:54,389 --> 00:27:53,039

ease joint stiffness and also reduce

727

00:27:55,269 --> 00:27:54,399

bruising

728

00:28:00,950 --> 00:27:55,279

um

729

00:28:05,110 --> 00:28:00,960

the concentration and 30c means that

730

00:28:09,269 --> 00:28:05,120

it's been diluted 30 times each dilution

731

00:28:11,350 --> 00:28:09,279

a 1 in 100 so that means it's diluted 10

732

00:28:13,669 --> 00:28:11,360

to the power of 60 which means that

733

00:28:15,909 --> 00:28:13,679

there's no actual arnica in it which is

734

00:28:18,789 --> 00:28:15,919

a good thing because that would be

735

00:28:21,430 --> 00:28:18,799

dangerous arnica is very toxic to humans

736

00:28:23,510 --> 00:28:21,440

at low doses if you take a look at the

737

00:28:26,149 --> 00:28:23,520

other ingredients we've got lactose and

738

00:28:28,470 --> 00:28:26,159

sucrose so it's just nothing more than a

739

00:28:30,149 --> 00:28:28,480

sugar pill

740

00:28:33,669 --> 00:28:30,159

but of course not all the tick tock

741

00:28:35,029 --> 00:28:33,679

videos are critical or skeptical or take

742

00:28:37,190 --> 00:28:35,039

a realistic what we would call a

743

00:28:41,269 --> 00:28:37,200

realistic view of the world here's a

744

00:28:42,389 --> 00:28:41,279

tick tock video under the uh account of

745

00:28:43,430 --> 00:28:42,399

saturn

746

00:28:44,789 --> 00:28:43,440

sun

747

00:28:46,789 --> 00:28:44,799

healing

748

00:28:49,190 --> 00:28:46,799

today i'm taking my homeopathic remedy

749

00:28:51,110 --> 00:28:49,200

which is personalized to help my body

750

00:28:53,269 --> 00:28:51,120

and my mental health so it's these

751

00:28:55,029 --> 00:28:53,279

little energetically infused sugar

752

00:28:56,149 --> 00:28:55,039

pellets that go under your tongue and

753

00:28:58,950 --> 00:28:56,159

you hold them there and then they start

754

00:29:00,470 --> 00:28:58,960

to work within a couple days

755

00:29:02,549 --> 00:29:00,480

so it's been a few hours since i took

756

00:29:04,549 --> 00:29:02,559

the remedy and i won't feel anything

757

00:29:06,310 --> 00:29:04,559

immediately though in the next couple

758

00:29:08,389 --> 00:29:06,320

days i might be a little more emotional

759

00:29:10,470 --> 00:29:08,399

than usual as the remedy is just

760

00:29:11,510 --> 00:29:10,480

clearing out all that spiritual and

761

00:29:13,590 --> 00:29:11,520

emotional

762

00:29:14,789 --> 00:29:13,600

gunk basically i would love if you come

763

00:29:16,710 --> 00:29:14,799

along with this journey with me i'll

764

00:29:17,669 --> 00:29:16,720

keep you updated and if you're

765

00:29:20,470 --> 00:29:17,679

interested in learning more about

766

00:29:22,710 --> 00:29:20,480

homeopathy leave me a question or a dm

767

00:29:24,870 --> 00:29:22,720

or a follow and i'll get back to you

768

00:29:26,789 --> 00:29:24,880

and that is typical of many of the

769

00:29:29,029 --> 00:29:26,799

videos on tick tock which are pro

770

00:29:31,269 --> 00:29:29,039

homeopathy people taking it for

771

00:29:32,950 --> 00:29:31,279

themselves and saying that it works now

772

00:29:35,269 --> 00:29:32,960

we have a tick tock video

773

00:29:38,549 --> 00:29:35,279

under the account of cat

774

00:29:39,510 --> 00:29:38,559

the vet cat underscore the underscore

775

00:29:44,870 --> 00:29:39,520

vet

776

00:29:47,669 --> 00:29:44,880

this week has been homeopathy awareness

777

00:29:51,029 --> 00:29:47,679

week but i want you all to be aware

778

00:29:52,950 --> 00:29:51,039

that homeopathy does not has never and

779

00:29:54,870 --> 00:29:52,960

will never work

780

00:29:56,149 --> 00:29:54,880

please don't rely on it solely to treat

781

00:29:58,389 --> 00:29:56,159

your pets if you think that they're

782

00:30:00,149 --> 00:29:58,399

poorly or struggling with something it's

783

00:30:02,149 --> 00:30:00,159

entirely possible if we do that we will

784

00:30:03,590 --> 00:30:02,159

leave them to suffer in silence

785

00:30:04,870 --> 00:30:03,600

and for those of you in the comments who

786

00:30:08,389 --> 00:30:04,880

are going to tell me that it did help

787

00:30:09,990 --> 00:30:08,399

your pets i'm really sorry but it didn't

788

00:30:12,070 --> 00:30:10,000

you're probably suffering from something

789

00:30:13,669 --> 00:30:12,080

called caregiver placebo which is where

790

00:30:15,430 --> 00:30:13,679

we're so invested in a treatment and

791

00:30:17,510 --> 00:30:15,440

believe that it's going to work that we

792

00:30:19,029 --> 00:30:17,520

see positive effects when none are

793

00:30:20,950 --> 00:30:19,039

actually there

794

00:30:22,870 --> 00:30:20,960

and our pets are masters of figuring out

795

00:30:25,430 --> 00:30:22,880

what it is that we want from them so

796

00:30:27,269 --> 00:30:25,440

they soon learn to hide symptoms because

797

00:30:28,710 --> 00:30:27,279

when they do that they get more positive

798

00:30:30,470 --> 00:30:28,720

attention from us

799

00:30:32,630 --> 00:30:30,480

you are welcome to use homeopathy in

800

00:30:35,190 --> 00:30:32,640

your pets if you wish but it must always

801
00:30:36,710 --> 00:30:35,200
be alongside actual medications so we

802
00:30:37,830 --> 00:30:36,720
know they are getting the treatment that

803
00:30:40,310 --> 00:30:37,840
they need

804
00:30:41,430 --> 00:30:40,320
so please be aware homeopathy doesn't

805
00:30:43,510 --> 00:30:41,440
work

806
00:30:45,029 --> 00:30:43,520
and what good advice there from cat

807
00:30:46,870 --> 00:30:45,039
underscore the

808
00:30:48,789 --> 00:30:46,880
underscore vet

809
00:30:49,830 --> 00:30:48,799
of course that's a very important issue

810
00:30:51,430 --> 00:30:49,840
when we're looking at things like

811
00:30:53,430 --> 00:30:51,440
homeopathy and other alternative

812
00:30:55,110 --> 00:30:53,440
medicines reiki or whatever the case may

813
00:30:57,190 --> 00:30:55,120

be when people

814

00:30:58,789 --> 00:30:57,200

get it done on their pets or other

815

00:31:00,630 --> 00:30:58,799

animals

816

00:31:02,389 --> 00:31:00,640

of course these things can't possibly

817

00:31:04,389 --> 00:31:02,399

work on the pet but as cat the vet

818

00:31:06,149 --> 00:31:04,399

pointed out some animals are very good

819

00:31:07,110 --> 00:31:06,159

at discovering what can please their

820

00:31:09,430 --> 00:31:07,120

owners

821

00:31:11,509 --> 00:31:09,440

and of course we have the confirmation

822

00:31:12,549 --> 00:31:11,519

bias of the owner and the expected

823

00:31:14,230 --> 00:31:12,559

results

824

00:31:15,029 --> 00:31:14,240

that they're looking for

825

00:31:16,950 --> 00:31:15,039

when

826

00:31:18,870 --> 00:31:16,960

giving their pet what they consider to

827

00:31:21,110 --> 00:31:18,880

be medicine

828

00:31:22,230 --> 00:31:21,120

now we have an account called

829

00:31:24,549 --> 00:31:22,240

hannah

830

00:31:27,830 --> 00:31:24,559

shalom 0.101

831

00:31:30,870 --> 00:31:27,840

and hannah presumably that's her name

832

00:31:32,710 --> 00:31:30,880

is a homeopathist or a homeopath

833

00:31:35,750 --> 00:31:32,720

hi i'm hannah and i'm a homeopath so

834

00:31:37,750 --> 00:31:35,760

your question is can homeopathy be used

835

00:31:39,430 --> 00:31:37,760

at the same time as any other

836

00:31:42,630 --> 00:31:39,440

treatment so the answer is yes

837

00:31:44,870 --> 00:31:42,640

absolutely without a doubt homeopathy

838

00:31:46,549 --> 00:31:44,880

will not be contraindicating you know

839

00:31:49,909 --> 00:31:46,559

contraindicated in absolutely any

840

00:31:51,269 --> 00:31:49,919

treatments um also homeopathy is very

841

00:31:53,990 --> 00:31:51,279

widely used

842

00:31:55,830 --> 00:31:54,000

especially in chemotherapy and radiation

843

00:31:56,870 --> 00:31:55,840

to offset the side effects of the

844

00:31:58,870 --> 00:31:56,880

treatment

845

00:32:01,509 --> 00:31:58,880

for example fatigue tiredness easy

846

00:32:02,710 --> 00:32:01,519

bruising bleeding nausea constipation

847

00:32:05,269 --> 00:32:02,720

etc

848

00:32:08,149 --> 00:32:05,279

homeopathy is very supportive in all

849

00:32:09,509 --> 00:32:08,159

cancers and in all cancer treatments i

850

00:32:10,310 --> 00:32:09,519

hope that helps

851
00:32:11,269 --> 00:32:10,320
and

852
00:32:12,230 --> 00:32:11,279
hannah

853
00:32:14,630 --> 00:32:12,240
is

854
00:32:17,590 --> 00:32:14,640
videoing herself presumably in what

855
00:32:20,389 --> 00:32:17,600
appears to be something like a doctor's

856
00:32:23,430 --> 00:32:20,399
office and she's wearing a

857
00:32:25,350 --> 00:32:23,440
typical doctor's attire which is like

858
00:32:26,710 --> 00:32:25,360
scrubs i guess

859
00:32:29,029 --> 00:32:26,720
and the

860
00:32:31,590 --> 00:32:29,039
hashtag says homeopathic

861
00:32:34,950 --> 00:32:31,600
family practice so she really considers

862
00:32:37,830 --> 00:32:34,960
herself to be a real healthcare provider

863
00:32:39,509 --> 00:32:37,840

but now let's really end one more one

864

00:32:43,750 --> 00:32:39,519

more let's really end

865

00:32:45,669 --> 00:32:43,760

with a ted talk about homeopathy given

866

00:32:47,269 --> 00:32:45,679

some time ago

867

00:32:51,830 --> 00:32:47,279

but i'm going to take some medication

868

00:32:54,070 --> 00:32:51,840

this is a full bottle of calms forte

869

00:32:56,230 --> 00:32:54,080

i'll explain that in just a moment

870

00:32:58,389 --> 00:32:56,240

ignore the instructions that's what the

871

00:33:00,230 --> 00:32:58,399

the government has to put in there to

872

00:33:01,430 --> 00:33:00,240

confuse you i'm sure

873

00:33:05,830 --> 00:33:01,440

i will take

874

00:33:11,029 --> 00:33:09,110

indeed the whole container

875

00:33:12,630 --> 00:33:11,039

32 kappas

876

00:33:14,549 --> 00:33:12,640

columns at forte

877

00:33:15,509 --> 00:33:14,559

now that i've done that i'll explain in

878

00:33:17,509 --> 00:33:15,519

a moment

879

00:33:19,830 --> 00:33:17,519

you've heard of it it's an alternative

880

00:33:21,830 --> 00:33:19,840

form of healing right homeopathy

881

00:33:23,830 --> 00:33:21,840

actually consists and that's what this

882

00:33:27,110 --> 00:33:23,840

is this is um

883

00:33:30,389 --> 00:33:27,120

calms 40 32 caplets of sleeping pills i

884

00:33:32,789 --> 00:33:30,399

forgot to tell you that i just ingested

885

00:33:35,830 --> 00:33:32,799

six and a half days worth of sleeping

886

00:33:39,029 --> 00:33:37,509

six and a half days that certainly is a

887

00:33:42,070 --> 00:33:39,039

fatal dose it says right on the back

888

00:33:43,909 --> 00:33:42,080

here in case of overdose contact your

889

00:33:46,230 --> 00:33:43,919

poison control center immediately and it

890

00:33:48,710 --> 00:33:46,240

gives an 800 number keep your seats it's

891

00:33:50,549 --> 00:33:48,720

going to be okay i don't really need it

892

00:33:53,750 --> 00:33:50,559

because i've been doing this stunt for

893

00:33:56,230 --> 00:33:53,760

audiences all over the world

894

00:33:58,710 --> 00:33:56,240

for the last eight or ten years taking

895

00:34:03,190 --> 00:33:58,720

fatal doses of homeopathic sleeping

896

00:34:06,470 --> 00:34:03,200

pills why don't they affect me

897

00:34:08,710 --> 00:34:06,480

[Applause]

898

00:34:11,030 --> 00:34:08,720

the answer may surprise you what is

899

00:34:12,310 --> 00:34:11,040

homeopathy it's taking a medicine that

900

00:34:14,629 --> 00:34:12,320

really works

901
00:34:17,430 --> 00:34:14,639
and diluting it down well beyond

902
00:34:21,589 --> 00:34:17,440
avogadro's limit diluting it down to the

903
00:34:23,990 --> 00:34:21,599
point where there's none of it left

904
00:34:26,629 --> 00:34:24,000
now folks this is not just a metaphor

905
00:34:30,149 --> 00:34:26,639
i'm going to give you now it's true it's

906
00:34:32,550 --> 00:34:30,159
exactly equivalent to taking one 325

907
00:34:34,869 --> 00:34:32,560
milligram aspirin tablet throwing it

908
00:34:36,710 --> 00:34:34,879
into the middle of lake tahoe

909
00:34:38,470 --> 00:34:36,720
and then stirring it up obviously with a

910
00:34:41,030 --> 00:34:38,480
very big stick

911
00:34:42,950 --> 00:34:41,040
and waiting two years or so until the

912
00:34:44,950 --> 00:34:42,960
solution is homogeneous

913
00:34:50,629 --> 00:34:44,960

then when you get a headache you take a

914

00:34:54,710 --> 00:34:52,950

now that is true that is what homeopathy

915

00:34:56,629 --> 00:34:54,720

is all about and another claim that they

916

00:34:59,270 --> 00:34:56,639

make you'll love this one the more

917

00:35:01,270 --> 00:34:59,280

dilute the medicine is they say the more

918

00:35:03,349 --> 00:35:01,280

powerful it is

919

00:35:05,270 --> 00:35:03,359

now wait a minute we heard about a guy

920

00:35:07,109 --> 00:35:05,280

in florida the poor man he was on

921

00:35:12,470 --> 00:35:07,119

homeopathic medicine he died of an

922

00:35:18,550 --> 00:35:16,390

work on it work on it

923

00:35:20,870 --> 00:35:18,560

it's a ridiculous thing it is absolutely

924

00:35:23,030 --> 00:35:20,880

ridiculous i don't know what we're doing

925

00:35:24,150 --> 00:35:23,040

believing in all this nonsense over all

926
00:35:25,990 --> 00:35:24,160
these years

927
00:35:28,150 --> 00:35:26,000
so there we go what a great way to round

928
00:35:31,030 --> 00:35:28,160
off this segment a tick-tock video

929
00:35:31,910 --> 00:35:31,040
featuring james randy part of his ted

930
00:35:32,870 --> 00:35:31,920
talk

931
00:35:34,710 --> 00:35:32,880
and i

932
00:35:36,630 --> 00:35:34,720
i remember randy very well doing the

933
00:35:38,470 --> 00:35:36,640
same demonstration here in australia

934
00:35:39,990 --> 00:35:38,480
just taking many many homeopathic

935
00:35:41,589 --> 00:35:40,000
tablets to show

936
00:35:43,349 --> 00:35:41,599
that they don't work

937
00:35:45,430 --> 00:35:43,359
they can't work

938
00:35:47,990 --> 00:35:45,440

they're at best a

939

00:35:50,310 --> 00:35:48,000

misconception and at worst an outright

940

00:35:52,790 --> 00:35:50,320

scam but what an interesting thing it is

941

00:35:54,230 --> 00:35:52,800

to flip through the random videos on

942

00:35:55,430 --> 00:35:54,240

tick tock

943

00:35:58,880 --> 00:35:55,440

looking for

944

00:36:10,470 --> 00:35:58,890

people talking about homeopathy

945

00:36:14,470 --> 00:36:11,910

now here's a note from our friends of

946

00:36:15,510 --> 00:36:14,480

the canberra skeptics

947

00:36:18,870 --> 00:36:15,520

rights

948

00:36:20,470 --> 00:36:18,880

riots and rat bags making sense of

949

00:36:23,670 --> 00:36:20,480

magical thinking

950

00:36:25,190 --> 00:36:23,680

this is a talk on the 13th of july 2022

951
00:36:27,510 --> 00:36:25,200
from 6 p.m

952
00:36:29,510 --> 00:36:27,520
at the belconnen community service which

953
00:36:31,670 --> 00:36:29,520
is in chandler street belconnen the

954
00:36:34,390 --> 00:36:31,680
australian capital territory the

955
00:36:36,630 --> 00:36:34,400
admission cost is free

956
00:36:38,550 --> 00:36:36,640
the speaker associate professor bruce

957
00:36:41,349 --> 00:36:38,560
arnold

958
00:36:44,069 --> 00:36:41,359
it is increasingly common for judges to

959
00:36:47,190 --> 00:36:44,079
dismiss claims by anti-vaxx and anti-5g

960
00:36:48,390 --> 00:36:47,200
conspiracists as gobbledygook nonsense

961
00:36:50,390 --> 00:36:48,400
or mischief

962
00:36:53,990 --> 00:36:50,400
this presentation highlights recent

963
00:36:56,069 --> 00:36:54,000

claims and allegedly such as arsene at

964

00:36:58,550 --> 00:36:56,079

old parliament house in arguing that

965

00:37:00,790 --> 00:36:58,560

much of the language about rights is a

966

00:37:03,349 --> 00:37:00,800

type of magical thinking

967

00:37:05,349 --> 00:37:03,359

the failure of that language which

968

00:37:08,550 --> 00:37:05,359

bewilders sovereign citizens and others

969

00:37:10,310 --> 00:37:08,560

who think that using all uppercase names

970

00:37:13,190 --> 00:37:10,320

or other techniques such as the

971

00:37:16,390 --> 00:37:13,200

invocation of settlement of disputes

972

00:37:18,790 --> 00:37:16,400

using a blood acts will free them from

973

00:37:21,190 --> 00:37:18,800

obligations regarding taxation traffic

974

00:37:23,750 --> 00:37:21,200

rules bankruptcy child support or other

975

00:37:25,670 --> 00:37:23,760

law

976

00:37:28,150 --> 00:37:25,680

this does sound like a fascinating talk

977

00:37:30,150 --> 00:37:28,160

especially since we are very much

978

00:37:33,589 --> 00:37:30,160

interested in uh

979

00:37:35,589 --> 00:37:33,599

sovereign citizens and their shenanigans

980

00:37:37,349 --> 00:37:35,599

dinner will follow the lecture

981

00:37:40,470 --> 00:37:37,359

for more information visit

982

00:37:45,510 --> 00:37:43,109

again this talk is called rights riots

983

00:37:47,670 --> 00:37:45,520

and rat bags making sense of magical

984

00:37:48,630 --> 00:37:47,680

thinking and this will be on the 13th of

985

00:37:49,750 --> 00:37:48,640

july

986

00:37:54,910 --> 00:37:49,760

2022.

987

00:38:11,510 --> 00:38:07,040

[Music]

988

00:38:13,910 --> 00:38:11,520

hello this is adrian hill from canada

989

00:38:16,829 --> 00:38:13,920

and yes it's time once again to dive

990

00:38:18,390 --> 00:38:16,839

into those trove archives at

991

00:38:21,750 --> 00:38:18,400

trove.nla.gov

992

00:38:23,589 --> 00:38:21,760

dot a u regarding this week's topic

993

00:38:25,750 --> 00:38:23,599

reflexology

994

00:38:28,069 --> 00:38:25,760

this time we will be looking at not only

995

00:38:31,170 --> 00:38:28,079

australian newspaper articles but also

996

00:38:35,270 --> 00:38:31,180

reports from this part of the world

997

00:38:38,950 --> 00:38:36,870

i was first introduced to this treatment

998

00:38:40,950 --> 00:38:38,960

when a friend gave me a gift certificate

999

00:38:43,109 --> 00:38:40,960

as a thank you for helping her out over

1000

00:38:45,589 --> 00:38:43,119

20 years ago i had never heard of

1001
00:38:47,190 --> 00:38:45,599
reflexology and the brochure said it was

1002
00:38:49,030 --> 00:38:47,200
about the feet

1003
00:38:51,670 --> 00:38:49,040
i went to the appointment filled with

1004
00:38:54,710 --> 00:38:51,680
curiosity it turned out to be one of the

1005
00:38:57,030 --> 00:38:54,720
best foot massages that i have ever had

1006
00:39:00,390 --> 00:38:57,040
unfortunately while she was massaging my

1007
00:39:03,349 --> 00:39:00,400
feet she made some medical diagnoses

1008
00:39:05,109 --> 00:39:03,359
that were questionable to say the least

1009
00:39:06,950 --> 00:39:05,119
the session became more like what i

1010
00:39:09,510 --> 00:39:06,960
would imagine a session with a fortune

1011
00:39:11,670 --> 00:39:09,520
teller would be like she told me that

1012
00:39:13,589 --> 00:39:11,680
based on something she saw in my foot

1013
00:39:15,829 --> 00:39:13,599

that i suffered from asthma

1014

00:39:17,589 --> 00:39:15,839

i was surprised since i was recovering

1015

00:39:19,510 --> 00:39:17,599

from a serious bout of bronchitis at the

1016

00:39:22,470 --> 00:39:19,520

time and the doctors had been looking at

1017

00:39:25,349 --> 00:39:22,480

a possible asthma diagnosis

1018

00:39:27,109 --> 00:39:25,359

however my first thought wasn't wow she

1019

00:39:29,829 --> 00:39:27,119

was able to see that from touching my

1020

00:39:32,710 --> 00:39:29,839

feet but was hmm

1021

00:39:34,310 --> 00:39:32,720

i wonder if she saw my steroid inhaler

1022

00:39:36,390 --> 00:39:34,320

in my purse

1023

00:39:38,950 --> 00:39:36,400

i recall her telling me i had a healthy

1024

00:39:41,349 --> 00:39:38,960

liver very plausible for someone who was

1025

00:39:42,950 --> 00:39:41,359

very fit and 20 years younger at the

1026
00:39:44,790 --> 00:39:42,960
time

1027
00:39:47,349 --> 00:39:44,800
i never took her seriously but

1028
00:39:48,790 --> 00:39:47,359
thoroughly enjoyed my relaxing hour

1029
00:39:50,950 --> 00:39:48,800
did i ever go back

1030
00:39:53,270 --> 00:39:50,960
no because i was disturbed with her

1031
00:39:54,870 --> 00:39:53,280
equating being able to help asthma with

1032
00:39:56,710 --> 00:39:54,880
a foot massage

1033
00:39:59,030 --> 00:39:56,720
if it had been just a wonderful relaxing

1034
00:40:00,870 --> 00:39:59,040
moment i would have become a regular

1035
00:40:04,630 --> 00:40:00,880
customer

1036
00:40:08,069 --> 00:40:04,640
[Music]

1037
00:40:11,270 --> 00:40:08,079
from wikipedia quote reflexology also

1038
00:40:12,870 --> 00:40:11,280

known as zone therapy is an alternative

1039

00:40:14,630 --> 00:40:12,880

medical practice involving the

1040

00:40:18,390 --> 00:40:14,640

application of pressure to specific

1041

00:40:20,790 --> 00:40:18,400

points on the feet ears and or hands

1042

00:40:22,950 --> 00:40:20,800

this is done using thumb finger and hand

1043

00:40:24,390 --> 00:40:22,960

massage techniques without the use of

1044

00:40:26,710 --> 00:40:24,400

oil or lotion

1045

00:40:28,870 --> 00:40:26,720

it is based on a pseudoscientific system

1046

00:40:31,670 --> 00:40:28,880

of zones and reflex areas that

1047

00:40:33,829 --> 00:40:31,680

purportedly reflect an image of the body

1048

00:40:35,589 --> 00:40:33,839

on the feet and hands

1049

00:40:38,230 --> 00:40:35,599

with the premise that such work on the

1050

00:40:40,710 --> 00:40:38,240

feet and hands causes a physical change

1051
00:40:41,829 --> 00:40:40,720
to the supposedly related areas of the

1052
00:40:44,309 --> 00:40:41,839
body

1053
00:40:46,550 --> 00:40:44,319
there is no convincing scientific

1054
00:40:51,430 --> 00:40:46,560
evidence that reflexology is effective

1055
00:40:56,230 --> 00:40:53,589
now let's look at what trove has for us

1056
00:40:58,710 --> 00:40:56,240
on this subject

1057
00:41:03,270 --> 00:40:58,720
from page one of the australian jewish

1058
00:41:04,829 --> 00:41:03,280
news on friday january 28 2000

1059
00:41:07,190 --> 00:41:04,839
it says

1060
00:41:09,430 --> 00:41:07,200
reflexology what it is

1061
00:41:11,270 --> 00:41:09,440
pressure is applied to the reflex points

1062
00:41:13,190 --> 00:41:11,280
on the feet hands and ears that

1063
00:41:15,030 --> 00:41:13,200

correspond to different parts and

1064

00:41:16,550 --> 00:41:15,040

systems of the body

1065

00:41:19,349 --> 00:41:16,560

how it works

1066

00:41:23,030 --> 00:41:19,359

like acupuncture it is based on the

1067

00:41:25,589 --> 00:41:23,040

body's meridian lines or energy pathways

1068

00:41:27,349 --> 00:41:25,599

pressure is applied to various pressure

1069

00:41:29,589 --> 00:41:27,359

points on the feet and hands to

1070

00:41:32,950 --> 00:41:29,599

rebalance or unlock energy in the

1071

00:41:35,190 --> 00:41:32,960

corresponding parts of the body

1072

00:41:37,750 --> 00:41:35,200

for example applying pressure to a point

1073

00:41:40,309 --> 00:41:37,760

on your big toe may stimulate the flow

1074

00:41:42,550 --> 00:41:40,319

of energy to your head relieving a sinus

1075

00:41:44,950 --> 00:41:42,560

problem it is believed to also reduce

1076

00:41:47,270 --> 00:41:44,960

stress by improving circulation

1077

00:41:50,069 --> 00:41:47,280

eliminating toxins

1078

00:41:52,069 --> 00:41:50,079

of course they do and balancing the

1079

00:41:53,990 --> 00:41:52,079

body's energy

1080

00:41:56,309 --> 00:41:54,000

what it can treat

1081

00:42:00,069 --> 00:41:56,319

used for chronic conditions such as

1082

00:42:03,910 --> 00:42:00,079

backache migraine i wish it would help

1083

00:42:07,430 --> 00:42:03,920

sinusitis asthma and constipation

1084

00:42:09,510 --> 00:42:07,440

reflexology can be either relaxing or

1085

00:42:11,510 --> 00:42:09,520

stimulating

1086

00:42:14,950 --> 00:42:11,520

and now we're going to turn to the pages

1087

00:42:16,390 --> 00:42:14,960

of the clipper weekly on september 20th

1088

00:42:20,069 --> 00:42:16,400

2010

1089

00:42:23,270 --> 00:42:20,079

and this is a paper out of manitoba

1090

00:42:27,349 --> 00:42:23,280

which is a province in canada

1091

00:42:30,150 --> 00:42:27,359

and the article title is take a load off

1092

00:42:34,470 --> 00:42:30,160

world reflexology week puts best foot

1093

00:42:35,750 --> 00:42:34,480

forward september 19th to 25th by edna

1094

00:42:38,150 --> 00:42:35,760

berry

1095

00:42:40,710 --> 00:42:38,160

to promote greater awareness the

1096

00:42:44,030 --> 00:42:40,720

international council of reflexologists

1097

00:42:46,309 --> 00:42:44,040

have set september 19th to 25th as world

1098

00:42:48,150 --> 00:42:46,319

reflexology week

1099

00:42:50,710 --> 00:42:48,160

good to know

1100

00:42:53,190 --> 00:42:50,720

wondering what reflexology is don't

1101

00:42:55,510 --> 00:42:53,200

worry about it you are not alone

1102

00:42:58,630 --> 00:42:55,520

this ancient form of treatment is not a

1103

00:43:00,790 --> 00:42:58,640

household word in north america

1104

00:43:02,790 --> 00:43:00,800

however it is gaining popularity as

1105

00:43:05,670 --> 00:43:02,800

sufferers look to the internet and

1106

00:43:07,270 --> 00:43:05,680

journals for non-medicinal relief from

1107

00:43:09,589 --> 00:43:07,280

illnesses

1108

00:43:11,670 --> 00:43:09,599

reflexology is not a replacement to

1109

00:43:14,550 --> 00:43:11,680

medical help nor is it a means of

1110

00:43:16,550 --> 00:43:14,560

getting medical advice reflexology is a

1111

00:43:18,550 --> 00:43:16,560

complement or integrated method of

1112

00:43:20,309 --> 00:43:18,560

treatment involving the physical act of

1113

00:43:22,710 --> 00:43:20,319

applying pressure to the feet in hand

1114

00:43:24,790 --> 00:43:22,720

with specific thumb finger and hand

1115

00:43:27,430 --> 00:43:24,800

techniques without the use of oil or

1116

00:43:30,230 --> 00:43:27,440

lotion the reflexology association of

1117

00:43:32,390 --> 00:43:30,240

canada defines the practice as quote a

1118

00:43:34,309 --> 00:43:32,400

natural healing art based on the

1119

00:43:36,630 --> 00:43:34,319

principle end quote

1120

00:43:38,790 --> 00:43:36,640

it uses reflexes in the feet hands and

1121

00:43:41,750 --> 00:43:38,800

ears which correspond to every part

1122

00:43:43,589 --> 00:43:41,760

gland and organ of the body

1123

00:43:46,150 --> 00:43:43,599

by applying pressure to these areas the

1124

00:43:48,230 --> 00:43:46,160

reflexologists can relieve tension

1125

00:43:50,309 --> 00:43:48,240

improve circulation and help promote the

1126

00:43:52,790 --> 00:43:50,319

natural function of the body

1127

00:43:54,390 --> 00:43:52,800

garson reflexologist ria beety of

1128

00:43:56,230 --> 00:43:54,400

westwood electrolysis

1129

00:43:58,790 --> 00:43:56,240

has practiced this alternative form of

1130

00:44:00,790 --> 00:43:58,800

medicine for a year now in the area and

1131

00:44:03,109 --> 00:44:00,800

follows the canadian reflexology

1132

00:44:04,950 --> 00:44:03,119

council's recommended practices

1133

00:44:06,550 --> 00:44:04,960

now as an aside i want you to remember

1134

00:44:10,230 --> 00:44:06,560

what i said about

1135

00:44:12,870 --> 00:44:10,240

my session being the best foot massage i

1136

00:44:13,750 --> 00:44:12,880

have ever had because this is what she

1137

00:44:17,030 --> 00:44:13,760

says

1138

00:44:19,670 --> 00:44:17,040

it is not a foot massage beady said

1139

00:44:21,349 --> 00:44:19,680

reflexology is based on the principle

1140

00:44:23,990 --> 00:44:21,359

that there are reflexes in the feet

1141

00:44:26,870 --> 00:44:24,000

hands and ears which correspond to every

1142

00:44:28,870 --> 00:44:26,880

part gland and organ of the body when

1143

00:44:31,589 --> 00:44:28,880

pressure is applied to these points it

1144

00:44:33,910 --> 00:44:31,599

helps relieve tension in different areas

1145

00:44:36,470 --> 00:44:33,920

beady works on the entire foot in order

1146

00:44:38,470 --> 00:44:36,480

to balance the whole body reflexology

1147

00:44:41,589 --> 00:44:38,480

offers many benefits to the users

1148

00:44:43,589 --> 00:44:41,599

including relaxation reduction of pain

1149

00:44:45,829 --> 00:44:43,599

ameliorates health concerns from

1150

00:44:47,910 --> 00:44:45,839

children to the elderly

1151

00:44:49,750 --> 00:44:47,920

other benefits are reducing pain in

1152

00:44:51,750 --> 00:44:49,760

post-operative recovery and in many

1153

00:44:53,750 --> 00:44:51,760

cases eases pregnancy delivery and

1154

00:44:56,470 --> 00:44:53,760

postpartum effects as well as the

1155

00:44:58,790 --> 00:44:56,480

effects of cancer treatments and pain

1156

00:45:01,190 --> 00:44:58,800

a normal reflexology treatment lasts

1157

00:45:03,190 --> 00:45:01,200

about 30 minutes to an hour by having

1158

00:45:05,109 --> 00:45:03,200

regular treatments the blood flow is

1159

00:45:07,190 --> 00:45:05,119

improved as well

1160

00:45:09,109 --> 00:45:07,200

she uses the canadian association's

1161

00:45:10,950 --> 00:45:09,119

method but there are many different

1162

00:45:13,670 --> 00:45:10,960

practices and techniques although they

1163

00:45:16,150 --> 00:45:13,680

are all similar there is documentation

1164

00:45:18,790 --> 00:45:16,160

in various areas around the world asia

1165

00:45:20,630 --> 00:45:18,800

europa africa and north america

1166

00:45:23,270 --> 00:45:20,640

the earliest form of this alternative

1167

00:45:25,510 --> 00:45:23,280

healing originated in china about five

1168

00:45:27,670 --> 00:45:25,520

thousand years ago but methods have

1169

00:45:29,910 --> 00:45:27,680

changed over the past century

1170

00:45:33,670 --> 00:45:29,920

even the north american cherokee tribes

1171

00:45:36,390 --> 00:45:33,680

practiced the form of reflexology

1172

00:45:39,670 --> 00:45:36,400

and now we're going to go back in time

1173

00:45:42,870 --> 00:45:39,680

to 1990 and read from the exponent

1174

00:45:46,150 --> 00:45:42,880

grandview manitoba on wednesday february

1175

00:45:49,829 --> 00:45:46,160

14th oh valentine's day so the article

1176
00:45:51,430 --> 00:45:49,839
title is reflexology an ancient theory

1177
00:45:53,910 --> 00:45:51,440
rediscovered

1178
00:45:55,670 --> 00:45:53,920
reflexology is a science and an art

1179
00:45:57,270 --> 00:45:55,680
which deals with the principle that

1180
00:45:59,270 --> 00:45:57,280
there are reflexes in the feet

1181
00:46:00,550 --> 00:45:59,280
corresponding to every organ and all

1182
00:46:03,270 --> 00:46:00,560
parts of the body

1183
00:46:05,910 --> 00:46:03,280
having a trained reflexologist stimulate

1184
00:46:08,150 --> 00:46:05,920
these reflexes properly and regularly

1185
00:46:09,430 --> 00:46:08,160
can have a positive effect on overall

1186
00:46:10,870 --> 00:46:09,440
health

1187
00:46:13,430 --> 00:46:10,880
only the hands are used by the

1188
00:46:16,390 --> 00:46:13,440

reflexologist on a client's feet making

1189

00:46:18,630 --> 00:46:16,400

it a safe simple and entirely natural

1190

00:46:21,670 --> 00:46:18,640

manipulative therapy

1191

00:46:24,470 --> 00:46:21,680

reflexology is a scientific practice

1192

00:46:27,670 --> 00:46:24,480

that should not be compared to massage

1193

00:46:29,829 --> 00:46:27,680

the idea of reflexology is not new in

1194

00:46:31,550 --> 00:46:29,839

fact wall carvings from the egyptian

1195

00:46:33,670 --> 00:46:31,560

culture as early as

1196

00:46:37,430 --> 00:46:33,680

2330 bc

1197

00:46:39,829 --> 00:46:37,440

record the use of this natural science

1198

00:46:41,510 --> 00:46:39,839

reflexology as we know it today was

1199

00:46:45,670 --> 00:46:41,520

first researched and developed in north

1200

00:46:49,109 --> 00:46:45,680

america in 1938 by eunice ingham

1201
00:46:51,190 --> 00:46:49,119
since 1942 reflexology has been taught

1202
00:46:52,550 --> 00:46:51,200
and used extensively throughout the

1203
00:46:54,710 --> 00:46:52,560
world

1204
00:46:57,589 --> 00:46:54,720
it is not the purpose of a reflexologist

1205
00:46:59,990 --> 00:46:57,599
to treat or diagnose for any specific

1206
00:47:02,150 --> 00:47:00,000
medical disorder but rather to promote

1207
00:47:04,309 --> 00:47:02,160
better health and well-being by allowing

1208
00:47:06,069 --> 00:47:04,319
the body to heal itself

1209
00:47:08,390 --> 00:47:06,079
the reasons why people choose to have

1210
00:47:10,390 --> 00:47:08,400
reflexology treatments are as wide and

1211
00:47:13,349 --> 00:47:10,400
varied as are the benefits that they

1212
00:47:15,510 --> 00:47:13,359
receive from them reflexology is a safe

1213
00:47:17,670 --> 00:47:15,520

and effective way to better health for

1214

00:47:20,470 --> 00:47:17,680

all ages

1215

00:47:23,109 --> 00:47:20,480

reflexology is now available in gilbert

1216

00:47:25,589 --> 00:47:23,119

plains by judy adair who has over 10

1217

00:47:28,390 --> 00:47:25,599

years experience in both north america

1218

00:47:30,069 --> 00:47:28,400

and european methods i wonder how they

1219

00:47:31,589 --> 00:47:30,079

differ

1220

00:47:34,150 --> 00:47:31,599

and now we're going to

1221

00:47:37,510 --> 00:47:34,160

look at the pages of the medicine hat

1222

00:47:41,109 --> 00:47:37,520

news and going back to saturday august

1223

00:47:42,670 --> 00:47:41,119

27 1988

1224

00:47:46,390 --> 00:47:42,680

the title is

1225

00:47:48,790 --> 00:47:46,400

reflexology helps sinus neck pains

1226
00:47:51,270 --> 00:47:48,800
tension

1227
00:47:53,750 --> 00:47:51,280
shirley lyle rubs her finger over diana

1228
00:47:56,549 --> 00:47:53,760
hatfield's big toe

1229
00:47:59,589 --> 00:47:56,559
that should help your sinuses she tells

1230
00:48:01,670 --> 00:47:59,599
hatfield she says firm massage on the

1231
00:48:03,910 --> 00:48:01,680
inside of the big toe will help relieve

1232
00:48:06,069 --> 00:48:03,920
tension in the neck and shoulders i can

1233
00:48:08,230 --> 00:48:06,079
see how much tension clients are holding

1234
00:48:09,750 --> 00:48:08,240
by feeling the soles of their feet

1235
00:48:12,790 --> 00:48:09,760
says lyle

1236
00:48:15,109 --> 00:48:12,800
david kahane said he had had a pain in

1237
00:48:17,109 --> 00:48:15,119
the left side of his neck for 25 years

1238
00:48:18,790 --> 00:48:17,119

before he began foot massage sessions

1239

00:48:21,510 --> 00:48:18,800

with jim roll

1240

00:48:22,870 --> 00:48:21,520

i couldn't turn my head i had to turn my

1241

00:48:24,309 --> 00:48:22,880

whole body

1242

00:48:26,390 --> 00:48:24,319

said kahani

1243

00:48:27,750 --> 00:48:26,400

jim took the pain away completely after

1244

00:48:30,950 --> 00:48:27,760

several treatments

1245

00:48:32,950 --> 00:48:30,960

i now have complete use of my neck

1246

00:48:35,589 --> 00:48:32,960

what does simple foot massage have to do

1247

00:48:38,870 --> 00:48:35,599

with sinuses and neck aches

1248

00:48:41,589 --> 00:48:38,880

roll and lyell practice foot reflexology

1249

00:48:43,990 --> 00:48:41,599

a method where the feet are worked or

1250

00:48:45,510 --> 00:48:44,000

massaged to relieve tension in other

1251

00:48:47,430 --> 00:48:45,520

parts of the body

1252

00:48:49,510 --> 00:48:47,440

it's a technique that's encouraged in

1253

00:48:51,670 --> 00:48:49,520

many foreign countries yet looked upon

1254

00:48:53,510 --> 00:48:51,680

with skepticism by some in the united

1255

00:48:55,430 --> 00:48:53,520

states

1256

00:48:57,589 --> 00:48:55,440

a spokesman for the american medical

1257

00:48:59,349 --> 00:48:57,599

association in chicago said the

1258

00:49:02,390 --> 00:48:59,359

association doesn't take a stand on

1259

00:49:04,069 --> 00:49:02,400

reflexology because it isn't recognized

1260

00:49:06,309 --> 00:49:04,079

as a medical profession

1261

00:49:08,950 --> 00:49:06,319

neither does the american podiatric

1262

00:49:11,430 --> 00:49:08,960

medical association

1263

00:49:13,430 --> 00:49:11,440

lyle and roll are among the 25 000

1264

00:49:15,349 --> 00:49:13,440

people who have attended seminars and

1265

00:49:16,470 --> 00:49:15,359

training sessions on the subject across

1266

00:49:19,510 --> 00:49:16,480

the country

1267

00:49:21,670 --> 00:49:19,520

both charge 15 for a session that lasts

1268

00:49:24,150 --> 00:49:21,680

about half an hour

1269

00:49:26,470 --> 00:49:24,160

reflexology is based on the principle

1270

00:49:27,910 --> 00:49:26,480

that reflexes in the feet relate to each

1271

00:49:30,470 --> 00:49:27,920

organ in the body

1272

00:49:32,870 --> 00:49:30,480

in reflexology the body is divided into

1273

00:49:34,710 --> 00:49:32,880

10 vertical zones stretching from toes

1274

00:49:36,790 --> 00:49:34,720

to the top of the head with different

1275

00:49:38,870 --> 00:49:36,800

parts of the foot corresponding to

1276

00:49:40,630 --> 00:49:38,880

organs in each zone

1277

00:49:43,670 --> 00:49:40,640

when these zones are massaged in

1278

00:49:46,069 --> 00:49:43,680

specific ways the reflexes in the feet

1279

00:49:48,630 --> 00:49:46,079

cause reactions in corresponding parts

1280

00:49:51,510 --> 00:49:48,640

of the body reflexologists claim

1281

00:49:53,510 --> 00:49:51,520

inhale relax and breathe into it lyle

1282

00:49:56,470 --> 00:49:53,520

tells hatfield who says she needs

1283

00:49:58,390 --> 00:49:56,480

reflexology to ease her tension

1284

00:50:00,390 --> 00:49:58,400

the 42 year old woman suffers from

1285

00:50:03,430 --> 00:50:00,400

hypertension and headaches and believes

1286

00:50:05,990 --> 00:50:03,440

reflexology sessions help her relax when

1287

00:50:08,790 --> 00:50:06,000

you go across the top of my toes i can

1288

00:50:09,870 --> 00:50:08,800

feel my headache lesson hatfield tells

1289

00:50:12,549 --> 00:50:09,880

lyle

1290

00:50:14,390 --> 00:50:12,559

reflexology is an encompassing healing

1291

00:50:16,549 --> 00:50:14,400

art lyle says

1292

00:50:17,510 --> 00:50:16,559

no one knows exactly how it works she

1293

00:50:19,750 --> 00:50:17,520

says

1294

00:50:21,589 --> 00:50:19,760

it just works some of my clients have

1295

00:50:22,549 --> 00:50:21,599

been coming to me for seven or eight

1296

00:50:27,270 --> 00:50:22,559

years

1297

00:50:29,270 --> 00:50:27,280

as a foot reflexologist by an

1298

00:50:31,430 --> 00:50:29,280

organization called the international

1299

00:50:33,589 --> 00:50:31,440

institute of reflexology on st

1300

00:50:35,829 --> 00:50:33,599

petersburg florida

1301

00:50:38,790 --> 00:50:35,839

rohl learned reflexology and deep body

1302

00:50:41,670 --> 00:50:38,800

massage from his great grandfather alex

1303

00:50:44,950 --> 00:50:41,680

[h__\h] dog henderson he plans to quit his

1304

00:50:47,190 --> 00:50:44,960

job at whirlpool corporation to become a

1305

00:50:49,510 --> 00:50:47,200

full-time therapist

1306

00:50:52,950 --> 00:50:49,520

my technique is a little different than

1307

00:50:55,670 --> 00:50:52,960

what is taught at the saint petersburg

1308

00:50:58,549 --> 00:50:55,680

institute most because i use firm

1309

00:51:00,390 --> 00:50:58,559

strokes instead of quickly pressing down

1310

00:51:02,549 --> 00:51:00,400

roll says

1311

00:51:05,109 --> 00:51:02,559

that technique has been handed down from

1312

00:51:06,790 --> 00:51:05,119

roll's family who were cherokee indians

1313

00:51:09,510 --> 00:51:06,800

he says

1314

00:51:11,589 --> 00:51:09,520

mark creek is data processing manager at

1315

00:51:14,549 --> 00:51:11,599

the institute which was established by

1316

00:51:17,430 --> 00:51:14,559

eunice ingham in 1933 and now is headed

1317

00:51:19,990 --> 00:51:17,440

by ingham's nephew dwight byers

1318

00:51:22,630 --> 00:51:20,000

creek says reflexology helps in three

1319

00:51:24,790 --> 00:51:22,640

areas relaxing tension improving the

1320

00:51:26,069 --> 00:51:24,800

nerve and blood supply and enabling the

1321

00:51:28,309 --> 00:51:26,079

body to

1322

00:51:31,670 --> 00:51:28,319

normalize itself

1323

00:51:34,630 --> 00:51:31,680

when working on an area in the foot we

1324

00:51:36,870 --> 00:51:34,640

may encounter an area that doesn't feel

1325

00:51:39,910 --> 00:51:36,880

right crete says

1326
00:51:42,710 --> 00:51:39,920
we know how the foot should feel and we

1327
00:51:43,589 --> 00:51:42,720
try to find the sore spots and work them

1328
00:51:45,109 --> 00:51:43,599
out

1329
00:51:47,109 --> 00:51:45,119
working on the feet and reducing

1330
00:51:49,829 --> 00:51:47,119
blockages that build up in the system

1331
00:51:51,510 --> 00:51:49,839
result in relaxation and reduce stress

1332
00:51:53,829 --> 00:51:51,520
the first steps to better health

1333
00:51:55,349 --> 00:51:53,839
reflexologists say

1334
00:51:57,829 --> 00:51:55,359
lyle says

1335
00:52:00,630 --> 00:51:57,839
we don't heal anybody we just stimulate

1336
00:52:02,309 --> 00:52:00,640
the body so it can heal itself it's body

1337
00:52:05,910 --> 00:52:02,319
mind and spirit

1338
00:52:08,790 --> 00:52:05,920

the client has to be willing to let go

1339

00:52:10,790 --> 00:52:08,800

kevin kuntz author of five books about

1340

00:52:13,109 --> 00:52:10,800

reflexology is director of the

1341

00:52:15,349 --> 00:52:13,119

reflexology research project in

1342

00:52:16,870 --> 00:52:15,359

albuquerque new mexico he's been

1343

00:52:19,510 --> 00:52:16,880

fighting for credibility of

1344

00:52:21,910 --> 00:52:19,520

reflexologists for years

1345

00:52:23,670 --> 00:52:21,920

we're trying to define ourselves we've

1346

00:52:27,589 --> 00:52:23,680

established standards but we want to be

1347

00:52:29,990 --> 00:52:27,599

recognized on a national level kuntz says

1348

00:52:31,750 --> 00:52:30,000

some critics believe reflexologists are

1349

00:52:34,710 --> 00:52:31,760

trying to practice medicine without a

1350

00:52:37,829 --> 00:52:34,720

license but kuntz says that's not true

1351
00:52:40,950 --> 00:52:37,839
reflexologists don't diagnose illnesses

1352
00:52:43,190 --> 00:52:40,960
nor do they prescribe medicine kunt says

1353
00:52:44,870 --> 00:52:43,200
nor is it a massage

1354
00:52:47,990 --> 00:52:44,880
we think massage is one thing and

1355
00:52:49,910 --> 00:52:48,000
reflexology is entirely different it's a

1356
00:52:52,390 --> 00:52:49,920
way of reaching people a way of

1357
00:52:55,030 --> 00:52:52,400
releasing tension the foot sets the

1358
00:52:57,190 --> 00:52:55,040
tension level for the rest of the body

1359
00:52:58,870 --> 00:52:57,200
dr ray wunderlich a physician

1360
00:53:01,349 --> 00:52:58,880
specializing in preventative and

1361
00:53:03,030 --> 00:53:01,359
nutritional medicine in st petersburg

1362
00:53:05,670 --> 00:53:03,040
sends some of his patients to

1363
00:53:07,190 --> 00:53:05,680

reflexologists he said the technique is

1364

00:53:09,190 --> 00:53:07,200

most helpful for persons who have

1365

00:53:11,829 --> 00:53:09,200

painful conditions of the body who have

1366

00:53:14,390 --> 00:53:11,839

hypertension anxiety and difficulty in

1367

00:53:17,910 --> 00:53:14,400

tuning their bodies down

1368

00:53:20,950 --> 00:53:17,920

he considers reflexology an adjunct tool

1369

00:53:24,630 --> 00:53:20,960

to medicine its primary benefit is

1370

00:53:26,950 --> 00:53:24,640

inducing a profound state of relaxation

1371

00:53:29,109 --> 00:53:26,960

if he were to choose between valium and

1372

00:53:31,270 --> 00:53:29,119

similar drugs often prescribed to relax

1373

00:53:33,510 --> 00:53:31,280

patients and reflexology

1374

00:53:35,990 --> 00:53:33,520

i would take reflexology treatments

1375

00:53:38,549 --> 00:53:36,000

every time he says

1376

00:53:40,470 --> 00:53:38,559

the side effects are minimal and there's

1377

00:53:43,109 --> 00:53:40,480

no question that it's a safe way to

1378

00:53:46,230 --> 00:53:43,119

induce relaxation and also to treat some

1379

00:53:47,750 --> 00:53:46,240

other problems like bone spurs

1380

00:53:49,350 --> 00:53:47,760

bone spurs

1381

00:53:52,309 --> 00:53:49,360

okay

1382

00:53:54,870 --> 00:53:52,319

[Laughter]

1383

00:53:58,230 --> 00:53:54,880

problems with reflexology wonderlic says

1384

00:54:01,190 --> 00:53:58,240

occur only if you try to do too much

1385

00:54:04,069 --> 00:54:01,200

with it you can't cure appendicitis with

1386

00:54:12,300 --> 00:54:04,079

it it can't replace neurosurgery and you

1387

00:54:16,390 --> 00:54:14,230

[Music]

1388

00:54:19,270 --> 00:54:16,400

well that was fun thank you richard for

1389

00:54:22,230 --> 00:54:19,280

giving me the opportunity to read trove

1390

00:54:24,069 --> 00:54:22,240

it was an enlightening experience and i

1391

00:54:29,410 --> 00:54:24,079

look forward to doing it again until

1392

00:54:29,420 --> 00:54:45,990

[Music]

1393

00:54:50,230 --> 00:54:47,750

thank you for listening to the skeptic

1394

00:54:52,069 --> 00:54:50,240

zone and thank you as ever to those

1395

00:54:54,789 --> 00:54:52,079

wonderful people who support the show at

1396

00:54:57,190 --> 00:54:54,799

patreon or paypal you can join that

1397

00:54:59,430 --> 00:54:57,200

crowd by visiting skepticzone.tv and

1398

00:55:01,270 --> 00:54:59,440

clicking the obvious link

1399

00:55:04,230 --> 00:55:01,280

and it's all you people

1400

00:55:06,309 --> 00:55:04,240

who do contribute means that everybody

1401
00:55:07,670 --> 00:55:06,319
else gets to enjoy the show and it means

1402
00:55:08,870 --> 00:55:07,680
i get to

1403
00:55:11,829 --> 00:55:08,880
bring it to you

1404
00:55:13,750 --> 00:55:11,839
week after week after week after week

1405
00:55:15,030 --> 00:55:13,760
after a week

1406
00:55:16,630 --> 00:55:15,040
for

1407
00:55:18,470 --> 00:55:16,640
how many years has it been well since

1408
00:55:20,789 --> 00:55:18,480
2008 so

1409
00:55:23,190 --> 00:55:20,799
quite a few years now next week's show

1410
00:55:25,829 --> 00:55:23,200
will be brought to you from bend oregon

1411
00:55:28,309 --> 00:55:25,839
i'm off to visit brian dunning for a

1412
00:55:30,309 --> 00:55:28,319
little while and i'll also later be

1413
00:55:32,630 --> 00:55:30,319

visiting susan gerbic

1414

00:55:34,390 --> 00:55:32,640

i haven't seen my dear friends for

1415

00:55:36,549 --> 00:55:34,400

well two and a half years thanks to

1416

00:55:38,950 --> 00:55:36,559

covert looking forward to a short trip

1417

00:55:39,990 --> 00:55:38,960

to the states to catch up with my dear

1418

00:55:41,670 --> 00:55:40,000

friends

1419

00:55:43,030 --> 00:55:41,680

also on next week's show the trove

1420

00:55:44,230 --> 00:55:43,040

segment looks at

1421

00:55:48,390 --> 00:55:44,240

psychic

1422

00:55:50,950 --> 00:55:48,400

but for this week

1423

00:55:58,069 --> 00:55:50,960

this is richard saunders signing off

1424

00:56:01,349 --> 00:55:59,910

you've been listening to the skeptic

1425

00:56:02,710 --> 00:56:01,359

zone podcast

1426

00:56:05,910 --> 00:56:02,720

please visit our website at

1427

00:56:11,510 --> 00:56:09,030

for show notes contacts and to access

1428

00:56:13,750 --> 00:56:11,520

the back catalog of episodes going back

1429

00:56:15,670 --> 00:56:13,760

to 2008.

1430

00:56:18,390 --> 00:56:15,680

you can follow the skeptic own podcast

1431

00:56:20,549 --> 00:56:18,400

on twitter at skepticzone

1432

00:56:22,870 --> 00:56:20,559

visit our facebook page or leave a

1433

00:56:24,950 --> 00:56:22,880

review on itunes

1434

00:56:28,150 --> 00:56:24,960

you can also support the skeptic zone

1435

00:56:31,510 --> 00:56:28,160

via patreon or paypal the skeptic zone

1436

00:56:33,109 --> 00:56:31,520

podcast is an independent production the

1437

00:56:35,430 --> 00:56:33,119

views and opinions expressed on the

1438

00:56:37,990 --> 00:56:35,440

skeptic zone are not necessarily those

1439

00:56:41,450 --> 00:56:38,000

of australian skeptics or any other